WAS I EXPOSED TO CORONAVIRUS (COVID-19)?

Practice good hygiene and take everyday precautions:
- Wash your hands.
- Don’t touch your face, eyes, or mouth.
- Avoid sick people.

Have you been in prolonged direct contact with someone diagnosed with COVID-19 OR have you traveled to a country the CDC identified as high-risk?

YES WITH SYMPTOMS
- Contact your healthcare provider.
- Stay home except to get medical care.*
- Separate yourself from other people and animals in your home.*
- Avoid sharing personal household items.
- Practice good hygiene.

YES WITHOUT SYMPTOMS
- Contact DC Health.
- Stay home except to get medical care.*
- Separate yourself from other people and animals in your home.*
- Avoid sharing personal household items.
- Practice good hygiene.

*For a period of 14 days from the date of direct exposure.
WAS I EXPOSED TO CORONAVIRUS (COVID-19)?

Have you been in prolonged direct contact with someone diagnosed with COVID-19 OR have you traveled to a country the CDC identified as high-risk?

- **NO**
  - Practice good hygiene and take everyday precautions:
    - Wash your hands frequently
    - Don’t touch your face, eyes, or mouth
    - Avoid sick people

- **YES**
  - Contact your healthcare provider.
  - Stay home except to get medical care.**
  - Separate yourself from other people and animals in your home.**

- **YES with Symptoms***
  - Contact your local health department.
  - Stay home except to get medical care.**
  - Separate yourself from other people and animals in your home.**

- **YES without symptoms**
  - Avoid sharing personal household items.
  - Practice good hygiene.

More info at:
www.cdc.gov/COVID19

*Per the CDC, Symptoms include: Fever, Cough, Shortness of Breath

**For a period of 14 days from the date of direct exposure