

# Emergency Medical Technician NREMT (Louisiana) Recertification Requirements

Louisiana Emergency Medical Technicians must meet the following requirements in order to renew their NREMT certification.

National Content Required: 20 Hours		
Topics	Hours	
Airway, Respiration, Ventilations 4 Hours	<p><b>Ventilation:</b> Assisted Ventilations, Automatic Transport Ventilator, Respiratory failure vs. distress, Minute Ventilation, Adjuncts, Effect on Cardiac output, Positioning</p> <p><b>Oxygenation</b></p>	3  1
Cardiovascular 6 Hours	<b>Stroke:</b> Assessment (Stroke Scale); Oxygen administration; Time of onset (duration); Transport destination	1
	<b>Cardiac Arrest &amp; Ventricular Assist Device (VAD)</b>	0.5
	<b>Post Resuscitation Care:</b> Recognition of ROSC; Induced hypothermia; Oxygenation	0.5
	<b>Pediatric:</b> Tachycardia, Irregular pulse, Bradycardia	1
	<b>Pedi Cardiac Arrest:</b> Optimal CPR techniques, AED use, Ventilation/compression ratio, 1 & 2 rescuer CPR	2
	<b>Chest Pain &amp; ACS:</b> Medication administration, Oxygen, Nitroglycerin, Transportation Destination, Aspirin (ASA)	1
Trauma 2 Hours	<b>CNS Injury:</b> Concussions	0.5
	<b>Tourniquets</b>	0.5
	<b>Field Triage:</b> Model uniform core criteria (MUCC)	1
	<b>Sort, Assess, Lifesaving interventions, Treatment /Transport (SALT) CDC Trauma Triage Decision Scheme</b>	
Medical 6 Hours	<b>Immunological Diseases:</b> Allergic reaction, Anaphylaxis	1
	<b>Communicable Diseases:</b> Hygiene (hand washing), Vaccines, Influenza, Antibiotic resistant infections, Public health—epidemics, pandemics, reporting, etc. Systematic inflammatory response syndrome (SIRS) vs. Sepsis vs. septic shock, Fluid resuscitation (Oral)	0.5
	<b>Psychiatric Emergencies:</b> Mental Health, Patient Restraints, Agitated Delirium, Depression/Suicide	1.5
	<b>Special Healthcare needs:</b> Tracheostomy care, Dialysis shunts, Feeding tubes, VP shunts, Cognitive issues	1
	<b>OB Emergency:</b> Abnormal presentations, Nuchal cord, Neonatal resuscitation, Routine suctioning of the neonate	1
	<b>Endocrine:</b> Diabetes, Metabolic syndrome, Insulin resistance, DKA/HHNS, Insulin pumps, Glucometers	1
Operations 2 Hours	<b>At-Risk Populations:</b> Pediatric, Geriatric, Economically disadvantaged, Domestic violence, Human trafficking	0.5
	<b>Pediatric Transport</b>	0.5
	<b>Affective Characteristics:</b> Professionalism, Cultural competency, Changing demographics	0.5
	<b>Role of Research in EMS</b>	0.5
<b>Total National Core Content Hours</b>		<b>20</b>

Local Content Required: 10 Hours			
Topics	Hours		
Patient Advocacy	Reporting Obligations Professional Accountability End of Life Decisions Safe Havens	A total of 8 Hours of state specific topics are required, in any combination of hours and topics from this list.	
Laws & Regulations	Scopes of Practice Regulatory Requirements Louisiana EMS related law Penalties		
Protocols	Stroke STEMI Trauma MCI		
Disaster Preparedness	ICS, Disaster Operations Patient Tracking Local/Entity Disaster Plans Regional/Parish Disaster Plans State Disaster Plans		
Local / Agency	Topics designated by primary EMS affiliated EMS agency.  <i>If not affiliated/or a local agency does not specify topics, 2 individual topic hours are required.</i>		
<b>Total Local Core Content Hours</b>			<b>10</b>

Individual Content Required: 10 Hours	
Topics	Hours
	10
<p>Individuals must obtain 10 hours of individual continuing education on EMS topics of personal interest. Education must be related to patient safety or patient care: rescue, extrication, and HAZMAT trainings <b>are approved</b> as long as there is a simulated patient being cared for during the training.</p> <p><b>**Louisiana requires all EMTs to maintain healthcare provider CPR certification (4 hours can be applied to meet the individual content requirement).</b></p> <p><b>**Agency medical directors/training officers may require specific individual training courses by agency policy.</b></p> <p><b>**If your EMS training agency did not specify 2 hours of department specific training, you must add an additional 2 hours of individual education.</b></p>	
<b>Total EMT Renewal Hours</b>	
<b>Guidelines on Distributive Education</b>	
<p>Distributive Education (DE) is defined as education received when a live, "real time" instructor is not available. The number of DE hours allowed is limited based on the category in which they are obtained.</p> <p><b>National Content:</b> up to 7 hours of DE is allowed  <b>Local Content:</b> up to 7 hours of DE is allowed  <b>Individual Content:</b> up to 10 hours of DE is allowed</p> <p><i>Using DE is optional, however, please be mindful of the hour limits if you choose to use them.</i></p>	

**Updated 19-Aug-15**