# The Future of EMS



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# Interfacility Transports Usually we focus on "911" responses Traditional pre-hospital care



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#### **ORIGINAL CONTRIBUTIONS; BRIEF REPORTS**

#### Growth of Regional Acute Stroke Systems of Care in the United States in the First Decade of the 21st Century

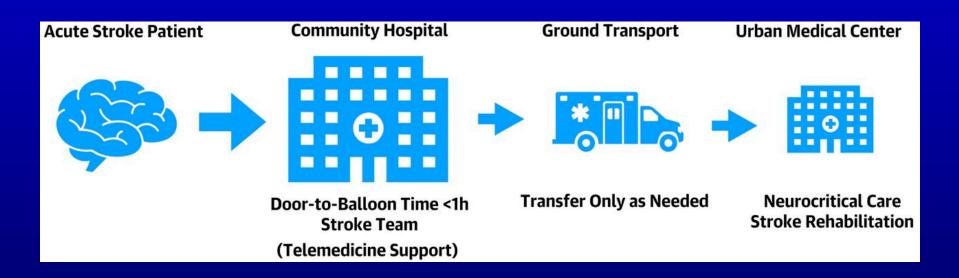
Sarah Song, MD, MPH and Jeffrey Saver, MD

**BACKGROUND AND PURPOSE**— States and counties in the US began implementing regional systems of acute stroke care in the first decade of the 21st century, whereby emergency medical services systems preferentially route acute stroke patients directly to primary stroke centers. The pace, geographic range, and population reach of regional stroke system implementation has not been previously delineated.

**METHODS**— We performed a review of legislative archives, internet and media reports, consultation with American Heart Association/American Stroke Association and Centers for Disease Control staff, and phone interviews with state public health and emergency medical

Planning frequently focuses on initial EMS transport and destination decision making What is less visible are the transports between hospitals In Virginia 60% of air medical transports are interfacility 40% of ground transports are interfacility

#### The "spoke and hub" model



Bypass closest for the most appropriate? Works when there are facilities with a higher level of care relatively close Doesn't work with long transport times What if the patient gets "marooned"?



Who does these transports? Typically EMS providers May be supplemented with other providers Nurses, Respiratory Therapists, Perfusionists Agencies Air medical, Hospital based, Commercial, local 911

What confronts transferring physicians? **Resource** availability **Timeliness** Time windows for stroke, STEMI Capabilities Understanding the system Not all transfers come from the ED Is anything acceptable in a pinch?

Air medical services have filled the gap in many instances High quality care, well supported Limited resource Not always the most appropriate resource Cost issues Some concerns about risk

So where do we go from here? EMS really owns this Part of the big world of out-of-hospital care The interfacility portion of the patient's care needs to be an integral part of the plan Shared responsibility between referring and receiving hospitals

Is it time for a nationally accepted certification for "critical care"? There is good training out there but not a standardized certification

States need to work toward describing a scope of practice for providers, a credentialing pathway, and endorsements for agencies





The Profession of EMS What is the next step for EMS as a profession Should a degree be required for Paramedic certification?



#### EMS Agenda 2050

"In today's terms, one might see this as a large network of trained emergency medical responders and emergency medical technicians, with the basic tools and training to stabilize an incident, supported by degreed paramedics, with more extensive education equipping them to work hand-in-hand with other medical professionals, including EMS physicians."

# EMS National Scope of Practice Model

The Expert Panel considers this topic as a subject worthy of further national debate and exploration. While the group clearly recognizes education as the foundation of any profession's scope of practice, the difficulty of considering transitional variables such as grandfathering existing personnel and programs, workforce recruitment and retention, etc., were beyond the scope of this project.

#### The Profession of EMS

What are the pros?
Relationship with the Big House of Medicine
Recognition of the complexity of the care provided
Enhanced career paths
Enhanced compensation

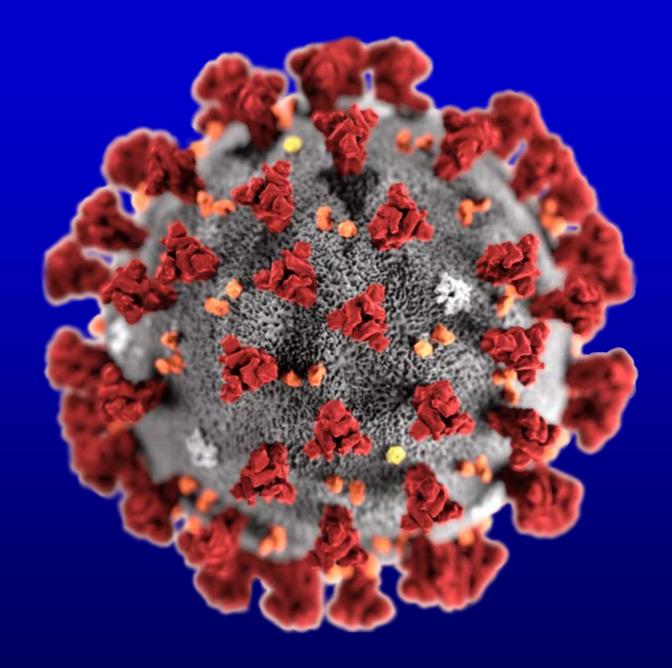
#### The Profession of EMS

#### What are the cons?

- Time
- Cost
- ROI

College costs increasing faster than inflation, or salaries Benefit of a college degree generally

Limiting the pool of interested candidates





#### What have we learned? What is going to stick after the pandemic?



COVID

Similar concerns with planning for previous infectious diseases Pan-flu/H1N1 Pan-flu didn't really materialize (yet) Ebola virus disease (EVD) Very scary disease There essentially wasn't any EVD in the US **Ebola fatigue** 

#### COVID

Workforce preservation Availability of PPE What is the right PPE? Would the PPE work? Limitation of individual freedoms We can't lower our guard What we did seemed to work pretty well

## COVID

#### **Medical Education**

How do we continue training programs?
Limited classroom opportunities
Limited or no clinical experiences
Increased attention to agency level credentialing
How do we look at providers graduating during the epidemic?
Provisional certification

COVID

How did public perceptions of the EMS system change?
Where did the emergencies go?
Lots of reasons, but did some people decide they didn't need/want an ambulance?
Did it change the threshold for calling 911?

#### COVID

Alternate transport destinations Comfort level with alternate care facilities increased Alternate dispatch/response/transport strategies Stay-at-home Leave-at-home

#### COVID

**Community Paramedicine** Many of the challenges and solutions fit CP like a glove Stay-at-home/Leave-at-home Follow-up visits **Testing strategies** Interface with high risk populations "strike teams"

#### What is the future of volunteer EMS?



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IDENTIFICATION NO.         FROM           09893         1-31-78	This certifies that George Lindbeck
GEORGE HARRIS LINDBECK	has passed all examinations, satisfactorily completed the study lessons and the practical evolutions of the
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Still part of the foundation of EMS Particularly in rural and frontier regions

Challenges Time required for certification and recertification Time available to volunteer Skills maintenance

Answers

Collaboration and flexibility in the design of "hybrid" EMS systems

Financial support of volunteers

Reasonable training goals

- Is Paramedic certification a reasonable goal for most volunteers?
- Does Advanced EMT offer the greatest benefit for the investment?
- Flexibility in certification and CE scheduling