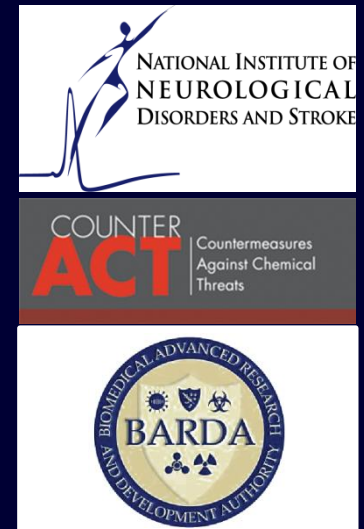


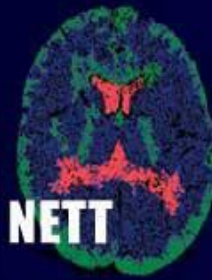
# Rapid Anticonvulsant Medication Prior to Arrival Trial

## RAMPART

Supported by awards from the National Institute of Neurological Disorders and Stroke (NINDS) (U01NS056975 and U01NS059041); the National Institutes of Health Office of the Director CounterACT Program; and the Biomedical Advanced Research and Development Authority of the Assistant Secretary for Preparedness and Response.







Why

How

What

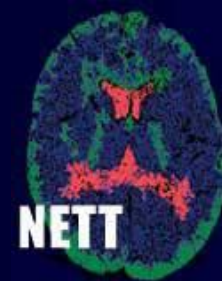


Simon Sinek  
*Start with Why*

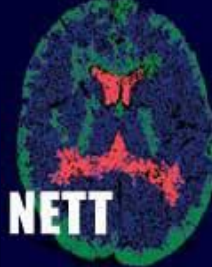
[http://www.ted.com/talks/simon\\_sinek](http://www.ted.com/talks/simon_sinek)



Make  
people  
better







Multi-disciplinary

Large Simple Trials

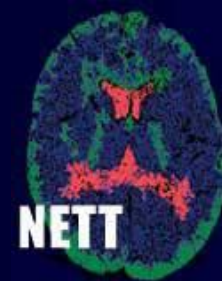
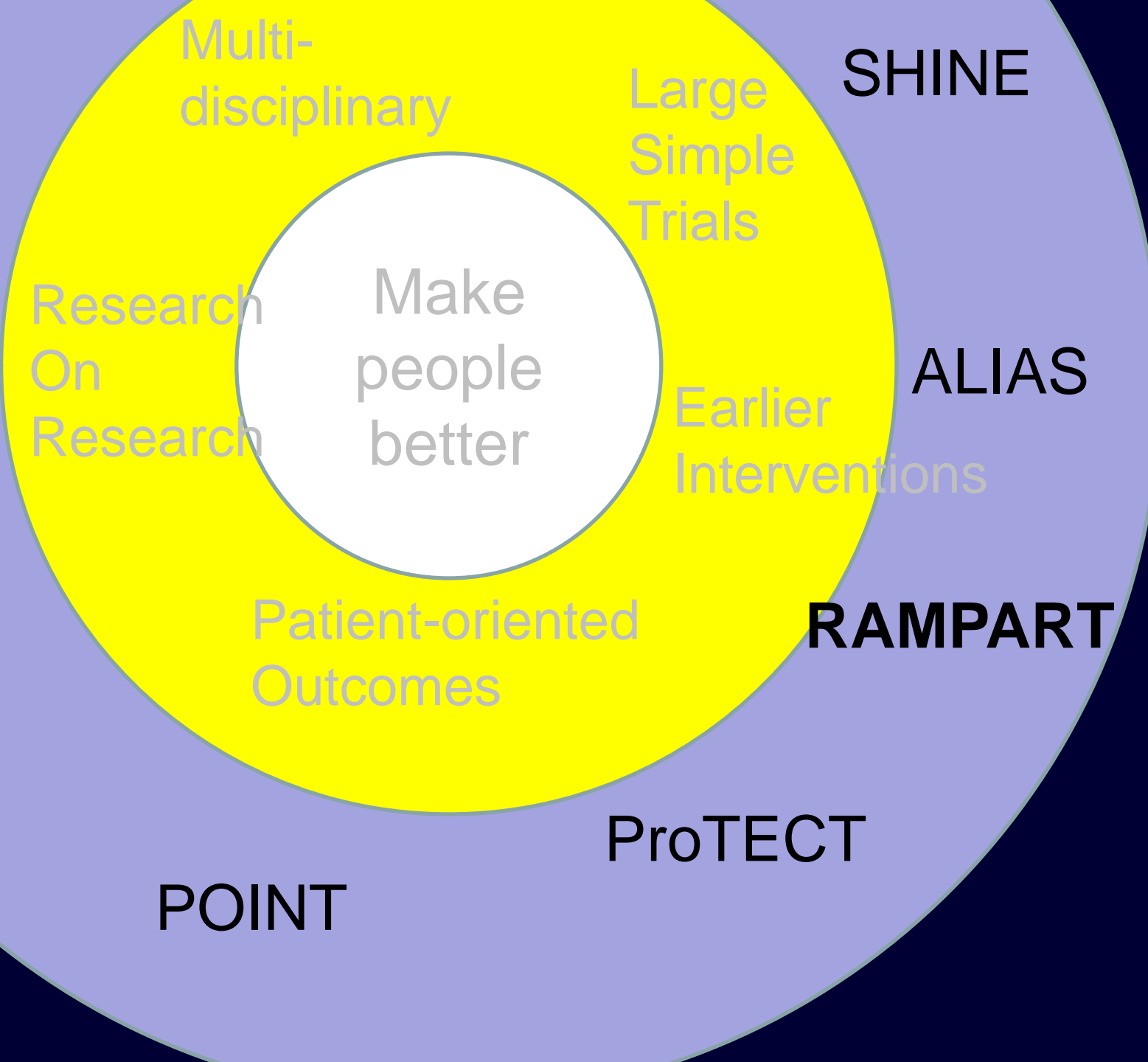
Research On Research

Make people better

**Earlier Interventions**

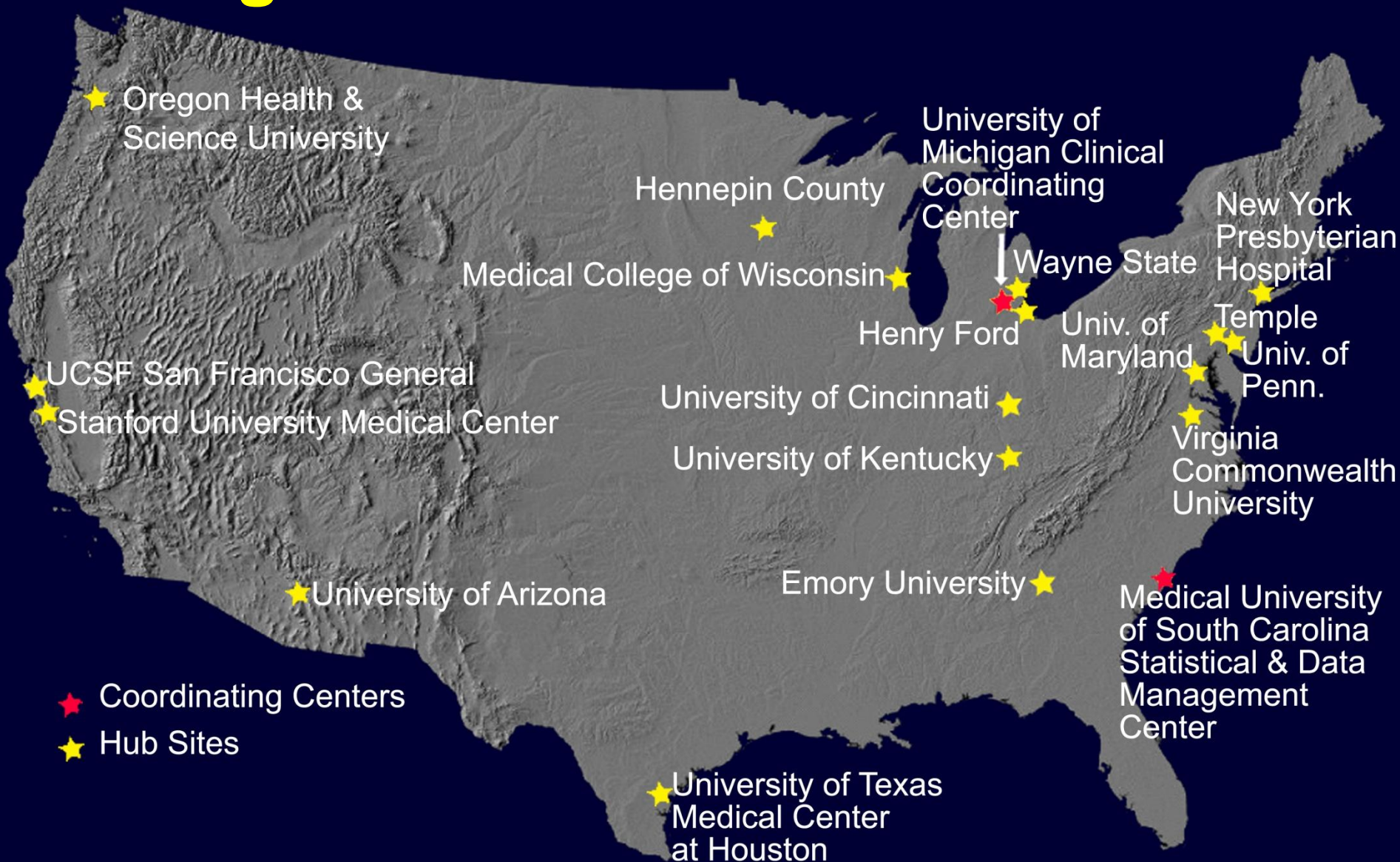
Patient-oriented Outcomes





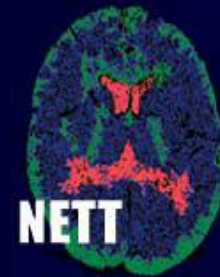


# Background - NETT





# Status Epilepticus



120,000 to 200,000 cases / yr

Mortality 22% at 30 days

55,000 deaths in the US

1st Yr cost \$40,000 /patient

Bassin S, et al. Crit Care 2002;6(2):137-42

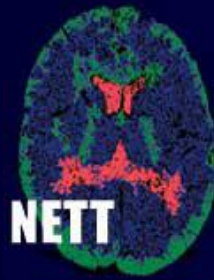
Claassen J, et al. Neurology 2002;58(1):139-42

DeLorenzo RJ, et al. Neurology 1996;46(4):1029-35

Penberthy LT, et al. Seizure 2005;14(1):46-51

Wu YW, et al. Neurology 2002;58(7):1070-6





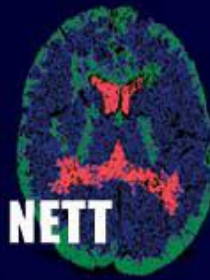
# San Francisco EMS Call Volume by Complaint Type (2001)

Chief Complaint	# Calls	(% of Total)	
Unconscious	7389	(11%)	
Falls / accidents	7224	(11%)	
Breathing difficulty	7225	(11%)	
Assault / trauma	6909	(10%)	
MVA	6098	(9%)	
Chest pain	5120	(8%)	
Seizure	4052	(6%)	> 10 per day
Abdominal pain	2593	(4%)	
Bleeding (non-traumatic)	1471	(2%)	
Stroke	1420	(2%)	



# Pre-hospital Treatment of Status Epilepticus (PHTSE)

Allredge et al. N Engl J Med 2001;345:631-7.



	LORAZEPAM (N=66)	DIAZEPAM (n=68)	PLACEBO (n=71)
	% of patients		
SE terminated prior to ED arrival	59.1	42.6	21.1

## Conclusion

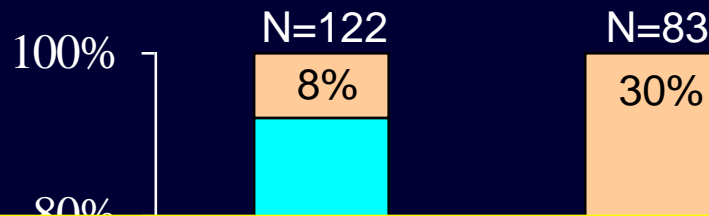
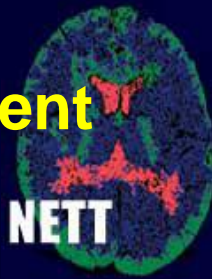
- Lorazepam and diazepam better than placebo
- Lorazepam probably better than diazepam

arrival, and cause of SE within prognostic group



# Disposition of Patients from the Emergency Department

Allredge et al. N Engl J Med 2001;345:631-7.



## Conclusion

Stopping seizures prior to ED arrival keeps patients from needing to go to the ICU and makes them more likely to be able to go directly home

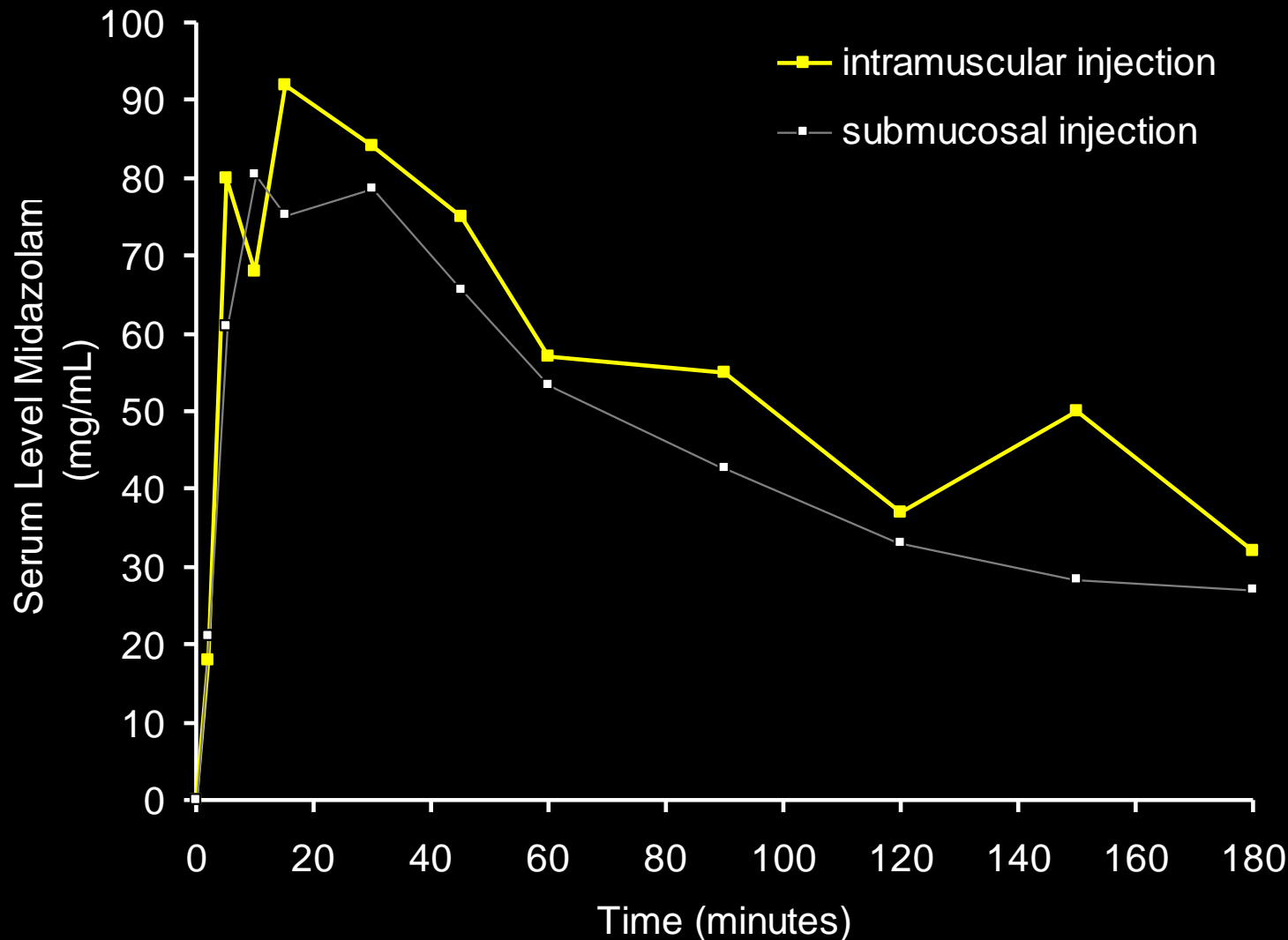


YES NO  
SE Continuing At ED Arrival?

\*P<0.001

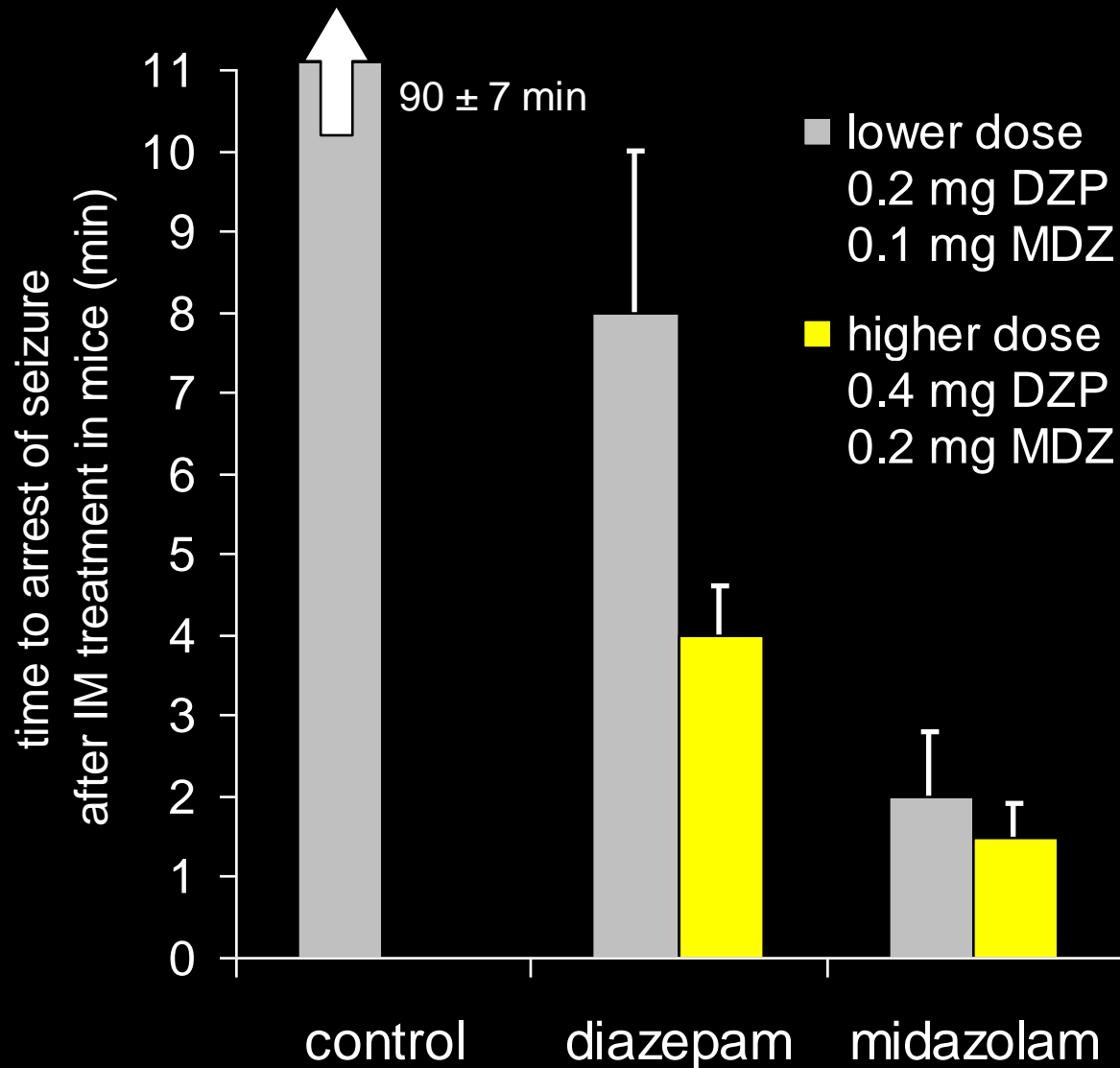


## Midazolam levels near 80% of peak as early as 5 minutes after IM administration





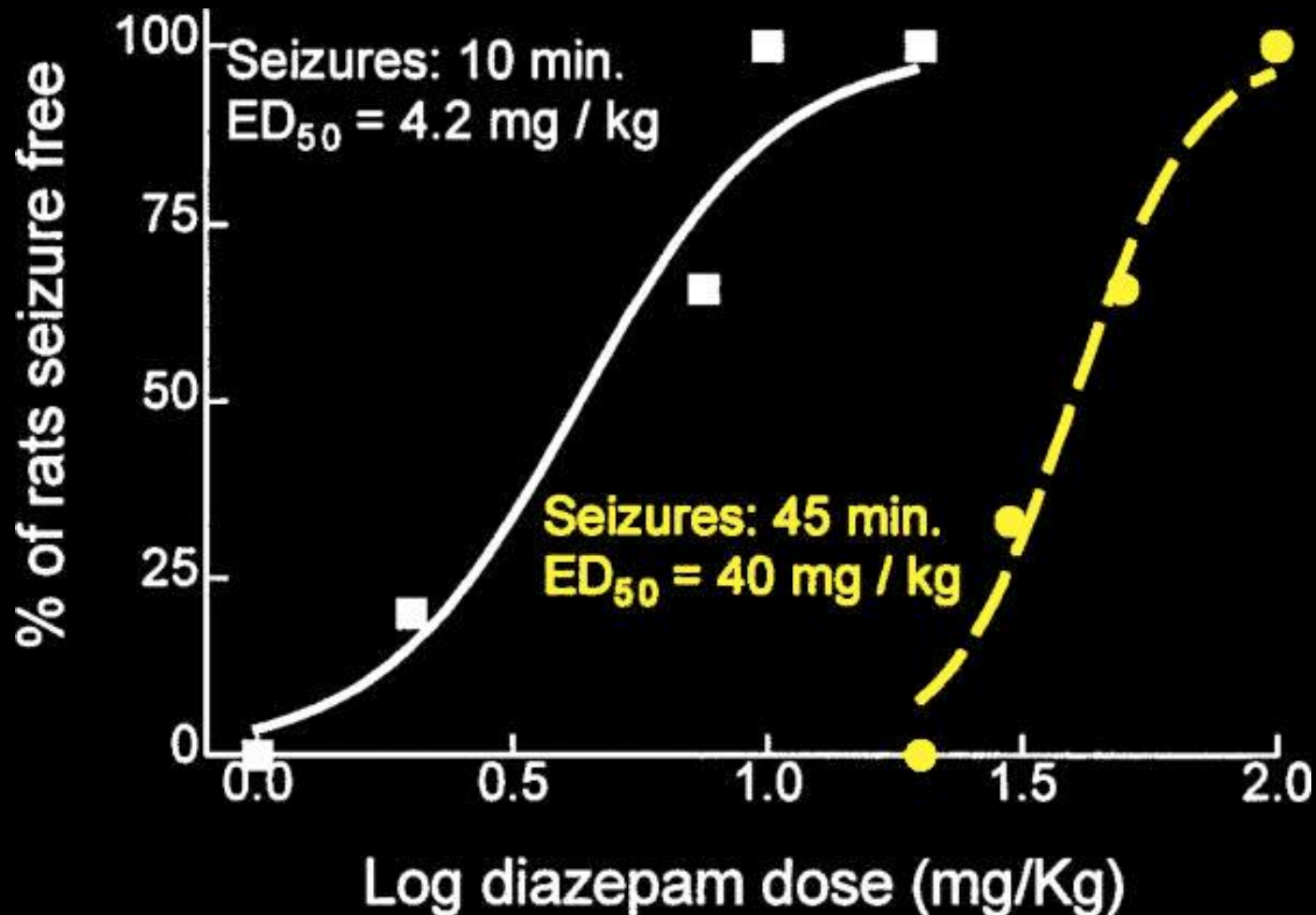
# IM midazolam stops seizures 4 times faster than IM diazepam (in mice)



*Raines, Epilepsia.*  
1990;31:313-7



Efficacy of benzodiazepines decreases with every minute of ongoing status epilepticus





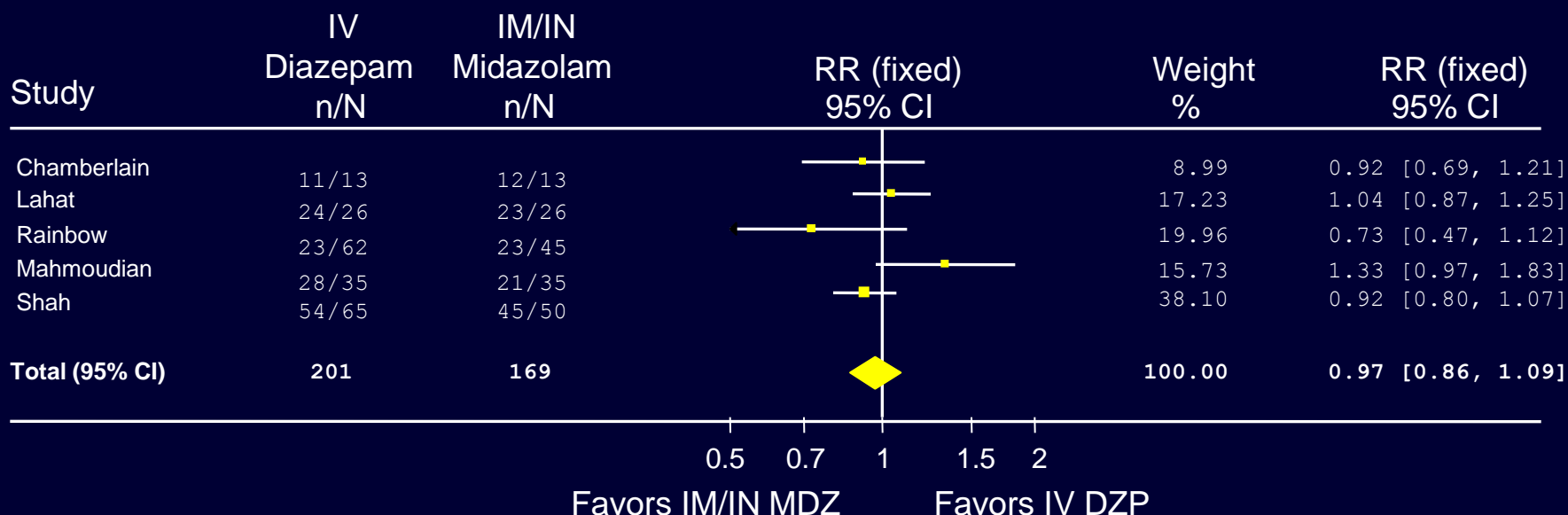
# Meta-analysis of IM/IN midazolam shows the same efficacy as IV diazepam



Review: IV diazepam versus IM/IN midazolam for treatment of seizures

Comparison: 01 Effectiveness of IM/IN MDZ as compared to IV DZP

Outcome: 01 Termination of seizure

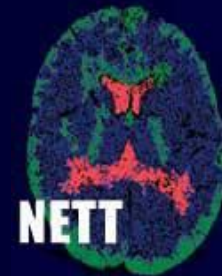


Total events: 140 (IV Diazepam), 124 (IM/IN Midazolam)

Test for heterogeneity:  $\text{Chi}^2 = 6.87$ ,  $\text{df} = 4$  ( $P = 0.14$ ),  $I^2 = 41.8\%$

Test for overall effect:  $Z = 0.54$  ( $P = 0.59$ )



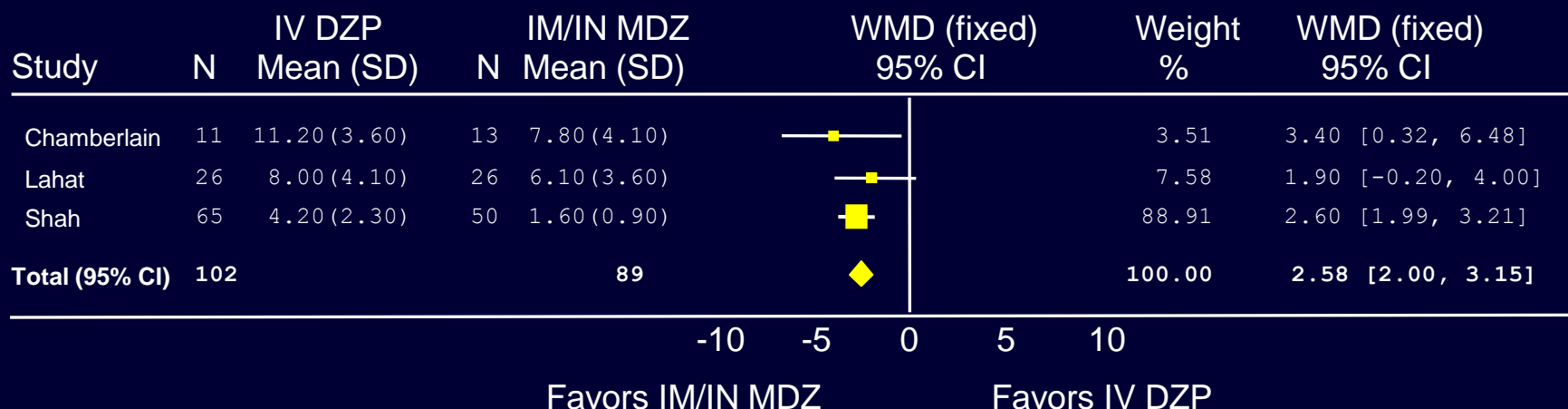


# Meta-analysis of IM/IN midazolam shows more rapid termination of seizures compared to IV diazepam

Review: IV diazepam versus IM/IN midazolam for treatment of seizures

Comparison: 01 Effectiveness of IM/IN MDZ as compared to IV DZP

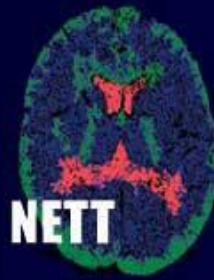
Outcome: 02 Time to seizure control



Test for heterogeneity:  $\text{Chi}^2 = 0.68$ ,  $\text{df} = 2$  ( $P = 0.71$ ),  $I^2 = 0\%$

Test for overall effect:  $Z = 8.74$  ( $P < 0.00001$ )

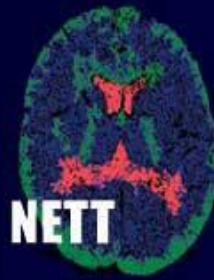




# Rapid Anticonvulsant Medication Prior to Arrival Trial (RAMPART) overview

- Paramedic treatment of status epilepticus
- Standard treatment is IV benzodiazepine
- IV starts difficult / dangerous in the convulsing patient
- Best IV agent, lorazepam, impractical for EMS
- IM treatment is faster and easier
- Best IM agent, midazolam, *is* practical for EMS





# Rapid Anticonvulsant Medication Prior to Arrival Trial (RAMPART) overview

- IM midazolam autoinjector v. IV lorazepam
- Double dummy blinded design
- Exception to consent for emergency research
- Outcome: termination of seizure prior to ED arrival
- Sample 1024 enrollments (512 per group)
- Intention to treat, non-inferiority analysis





# Aims

## Primary Hypothesis

- IM midazolam is as effective as IV lorazepam at stopping convulsions prior to ED arrival

## Secondary Hypotheses

- Convulsions stop more rapidly with treatment with IM midazolam versus IV lorazepam
- There is no difference in safety between the two treatments





## Inclusions

- Convulsive seizure activity for > 5 minutes
- Patient is still seizing
- Estimated weight > 13 kg

## Exclusions

- Major trauma precipitating seizure
- Hypoglycemia
- Known allergy to midazolam or lorazepam
- Sensitivity to benzodiazepines
- Cardiac arrest or heart rate <40 beats/minute
- Known pregnancy
- Prisoner



# Study Intervention



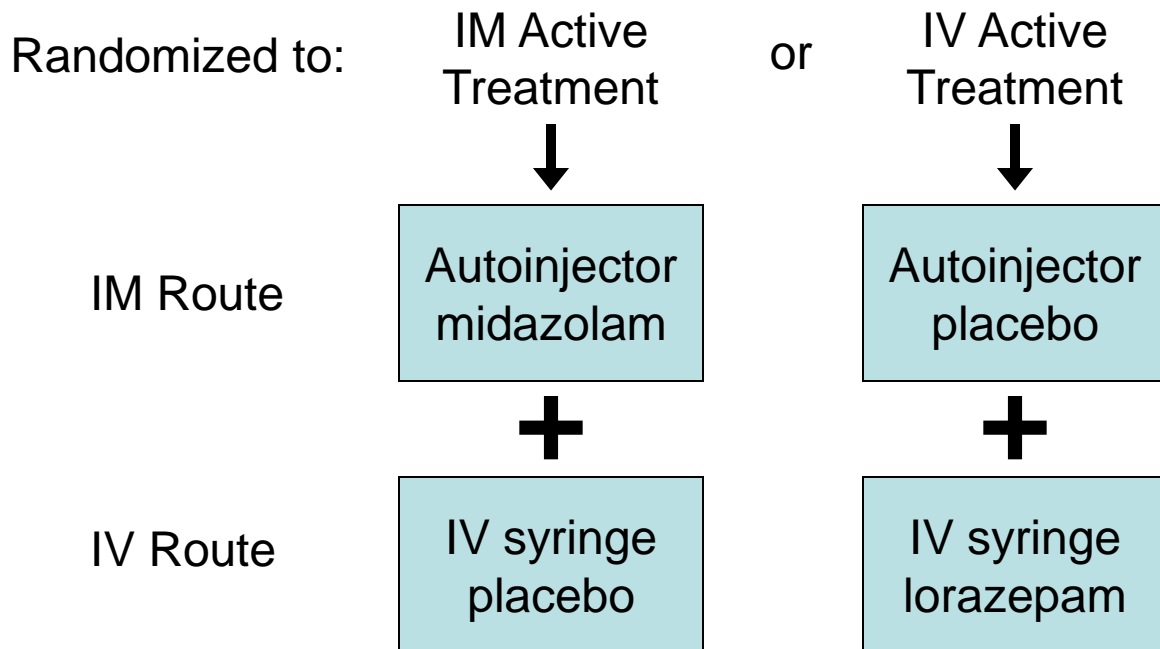
- Two packages in each box, Child dose and Adult dose
- Each package has one IM injector, one IV dose, one of which is active, the other is dummy
- Child (13- 39 kg) – Lorazepam 2 mg or Midazolam 5 mg
- Adult (40 kg and up)– Lorazepam 4 mg or Midazolam 10 mg
- Midazolam is in an autoinjector
- Lorazepam is given IV





## Graphical representation of double-dummy design

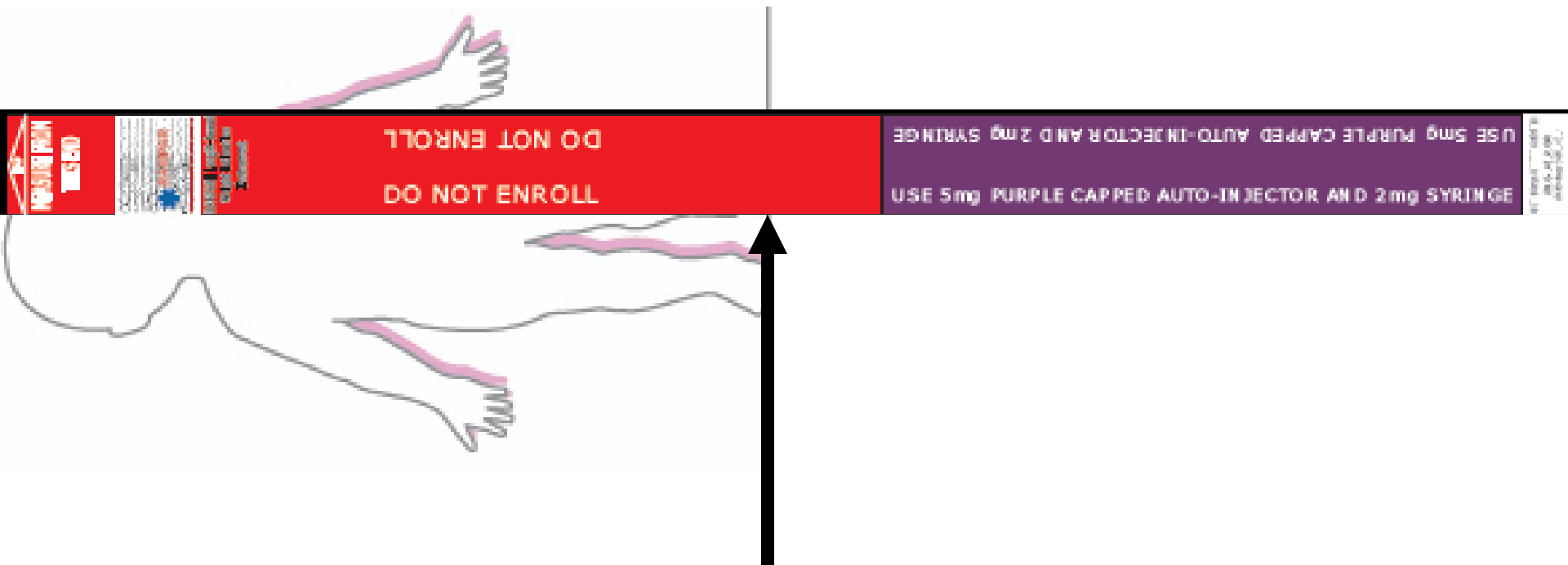
All subjects get active treatment by either IM or IV route





# Synopsis - Dose

**Infants and Children  
Estimated < 13 kg  
Are NOT enrolled**

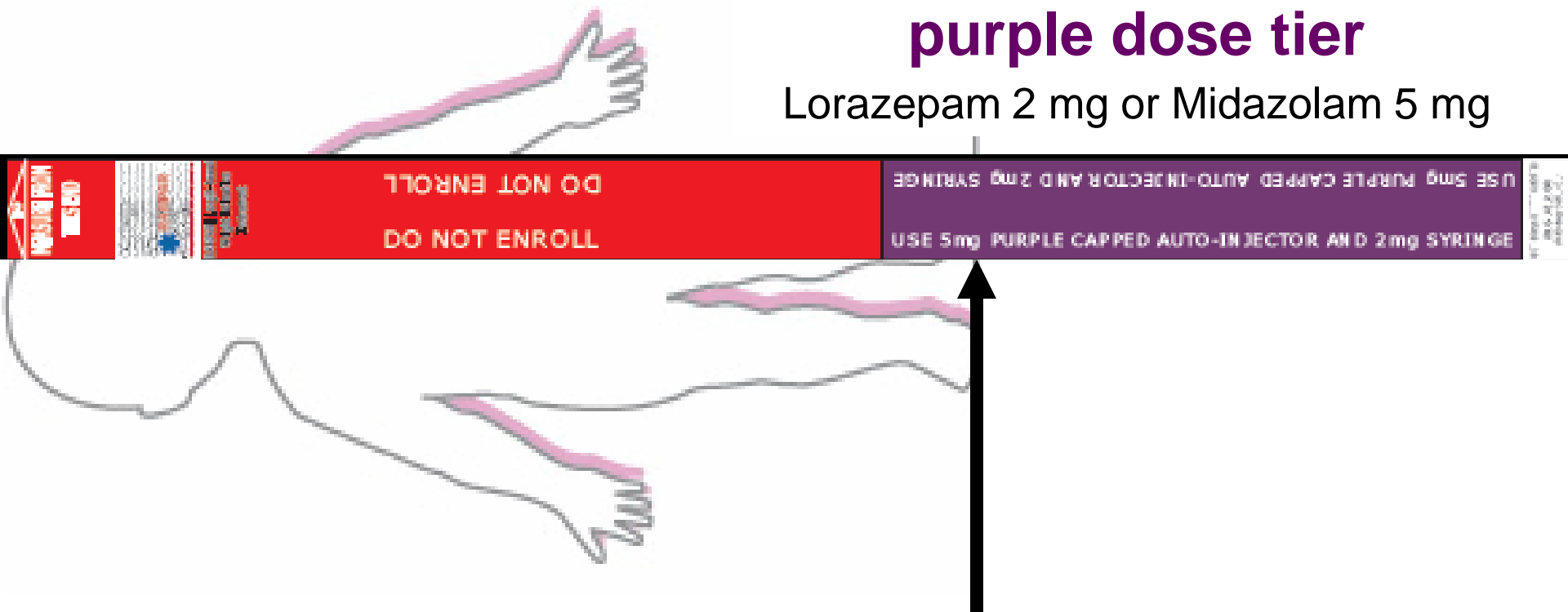




# Synopsis - Dose

**Children (13-39 kg)  
purple dose tier**

Lorazepam 2 mg or Midazolam 5 mg





# Synopsis - Dose

Children ( $\geq 40\text{kg}$ )  
white dose tier

Lorazepam 4 mg or Midazolam 10 mg





# Synopsis - Dose

All Adults

white dose tier

Lorazepam 4 mg or Midazolam 10 mg







# Primary outcome

- Proportion of subjects with termination of clinically evident seizure determined at arrival in the Emergency Department (ED) after a single dose of study medication.
- Non-inferiority analysis designed to detect greater than 10% absolute difference in proportion with termination at ED arrival.

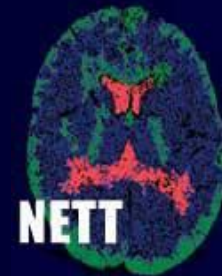




## Secondary outcomes

- Rapidity of seizure termination
- Frequency of subsequent tracheal intubation
- Frequency and duration of ICU and hospital stay
- Frequency of seizure recurrence





# Sample Size

- Non-inferiority margin of 10%
- Power of 0.90
- Significance at 0.05
- Inflation for data loss and recidivists at 15%
- $N = 1024$

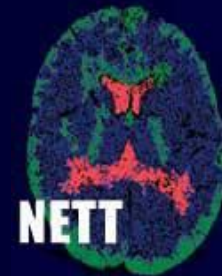


# Special Challenges



- Investigational New Drug application
- Exception from Informed Consent
- Time data collection in the field





# Human subjects protection

## Benefits

- Both arms are accepted therapy
- Potential for direct benefit to subjects

## Challenges

- Exception to Informed Consent
- IRB approval at all receiving hospitals





# Exception to Informed Consent

- Community Consultation
- Public Notification
- Local Context
- Centralized Support
- Local Outreach – attend community meetings
- Patient Focus Groups – survivors and clinics

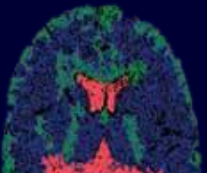


# EFIC, CC, and IRB process

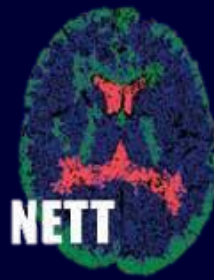


- 225 community consultation activities at 17 hubs
- involving more than 23,898 participants
- >6,842 of whom provided direct feedback
- IRB's for 321 sites reviewed and approved







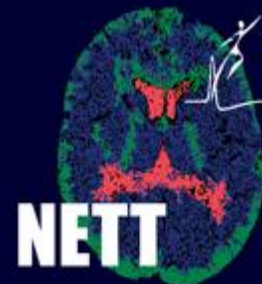


# EMS training and deployment

- 4,314 medics trained
- 40 EMS Services in 14 States
  - Fire Service (67%)
  - Third Service or Hospital Based (33%)
- Wide ranging EMS system sizes
  - >100,000 runs/year (20%)
  - <5,000 runs/year (27%)
- Ambulances, Supervisor Units, Engines



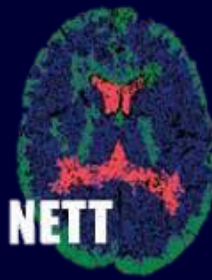
# Enrollment



- 893 subjects were enrolled 1023 times
- Only the first enrollment of those enrolled more than once is included
- 732 in the Per Protocol (PP) population



# Enrollment

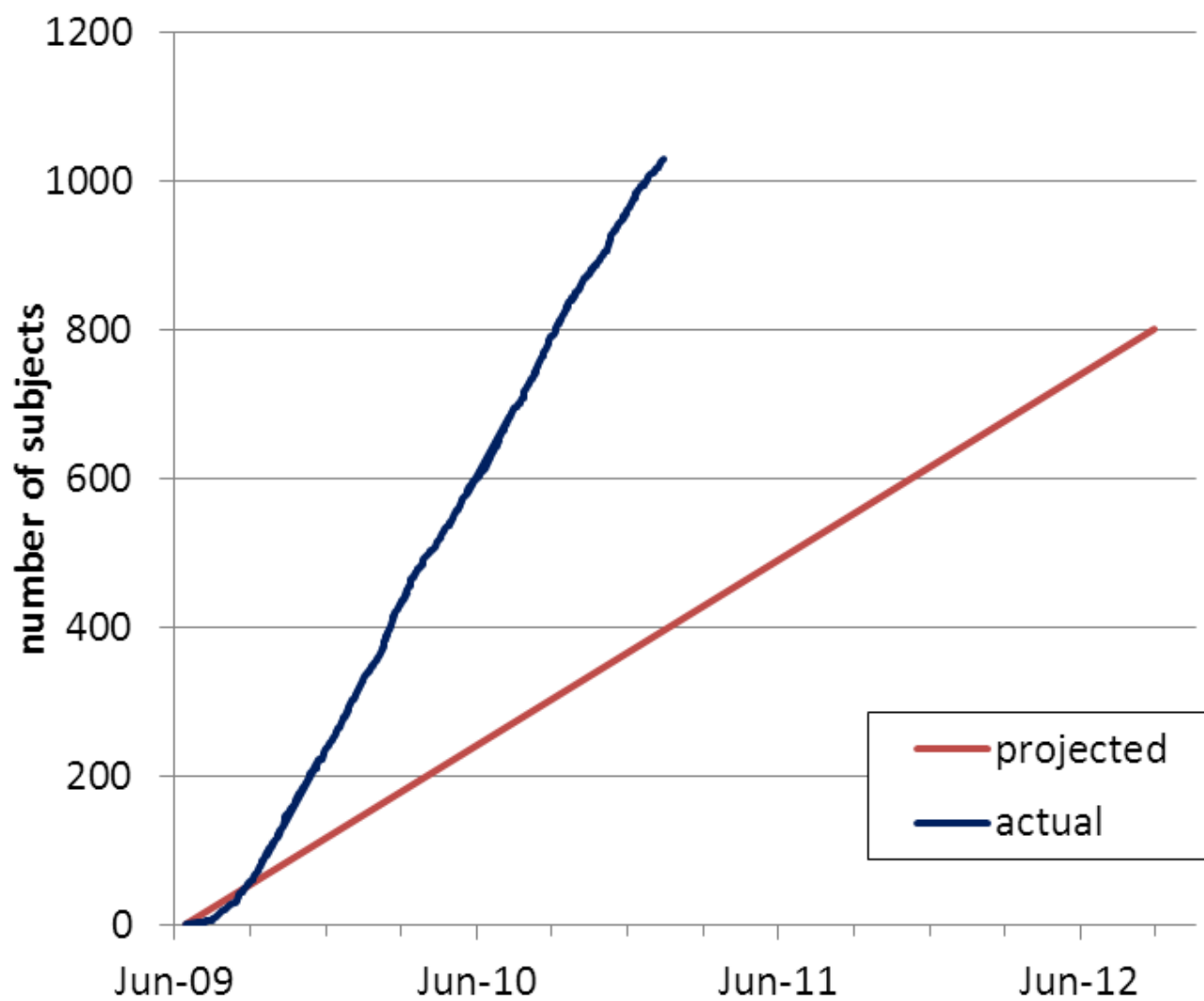


- First subject in 6/15/2009
- Last subject in 1/14/2011



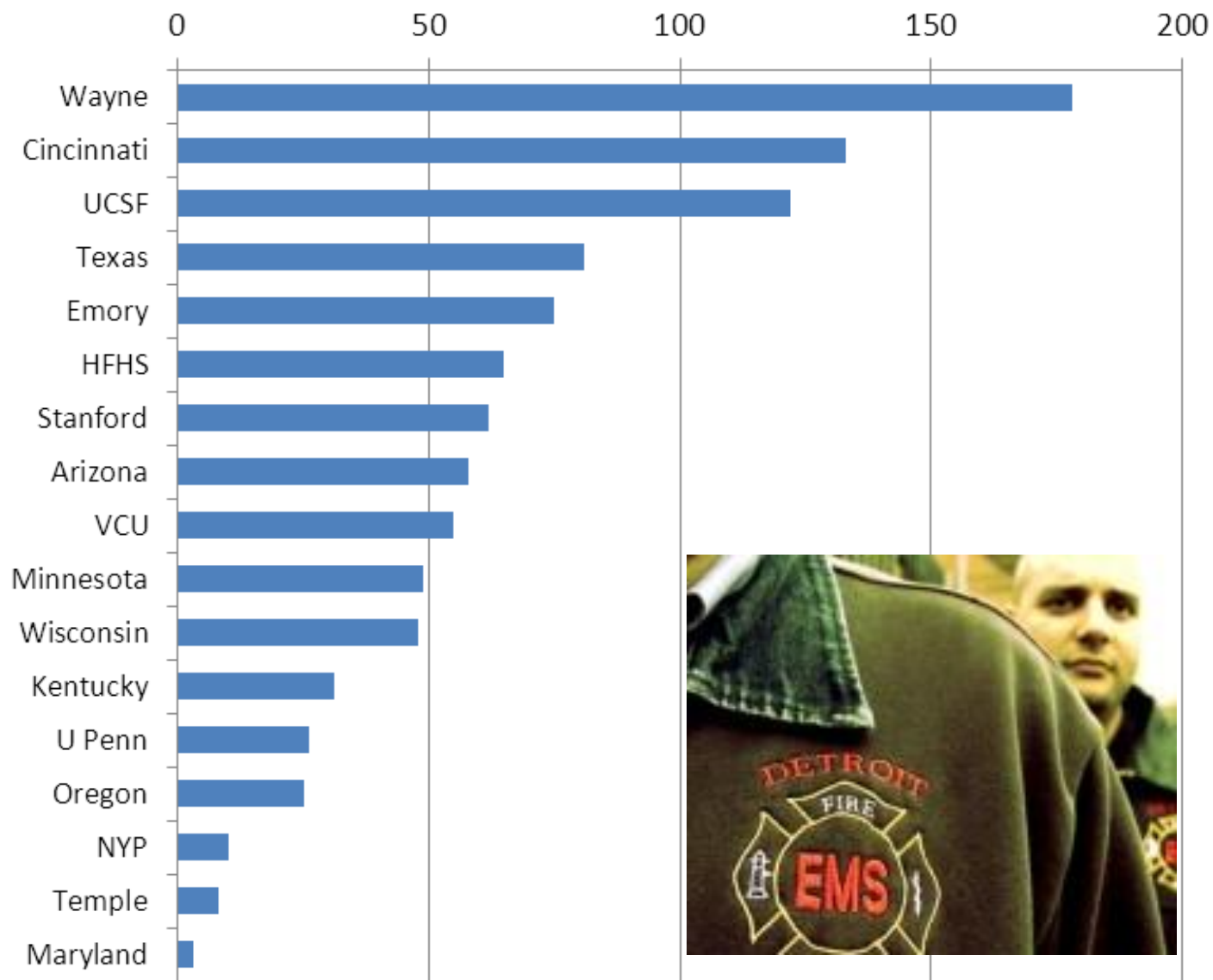


## RAMPART Subject Accrual





## RAMPART Accrual by Site





# Close-Out Performance



Last enrollment  
1/14/2011

Last subject to reach end-of-study  
4/10/2011

Database locked  
4/22/2011



# *The* NEW ENGLAND JOURNAL *of* MEDICINE

ESTABLISHED IN 1812

FEBRUARY 16, 2012

VOL. 366 NO. 7

## Intramuscular versus Intravenous Therapy for Prehospital Status Epilepticus

Robert Silbergleit, M.D., Valerie Durkalski, Ph.D., Daniel Lowenstein, M.D., Robin Conwit, M.D., Arthur Pancioli, M.D., Yuko Palesch, Ph.D., and William Barsan, M.D., for the NETT Investigators\*

### ABSTRACT

#### BACKGROUND

Early termination of prolonged seizures with intravenous administration of benzodiazepines improves outcomes. For faster and more reliable administration, paramedics increasingly use an intramuscular route.

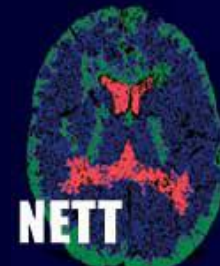
#### METHODS

This double-blind, randomized, noninferiority trial compared the efficacy of intramuscular midazolam with that of intravenous lorazepam for children and adults in status epilepticus treated by paramedics. Subjects whose convulsions had persisted for more than 5 minutes and who were still convulsing after paramedics arrived were given the study medication by either intramuscular autoinjector or intravenous infusion. The primary outcome was absence of seizures at the time of arrival in the emergency department without the need for rescue therapy. Secondary outcomes included endotracheal intubation, recurrent seizures, and timing of treatment relative to the ces-

From the Department of Emergency Medicine, University of Michigan, Ann Arbor (R.S., W.B.); the Department of Medicine, Division of Biostatistics and Epidemiology, Medical University of South Carolina, Charleston (V.D., Y.P.); the Department of Neurology, University of California, San Francisco, San Francisco (D.L.); the National Institute of Neurological Disorders and Stroke, National Institutes of Health, Bethesda, MD (R.C.); and the Department of Emergency Medicine, University of Cincinnati, Cincinnati (A.P.). Address reprint requests to Dr. Silbergleit at the Department of Emergency Medicine, Suite 3100, 24 Frank Lloyd Wright Dr., Ann Arbor, MI



# Baseline Characteristics



**Table 1. Characteristics of the Subjects at Baseline.\***

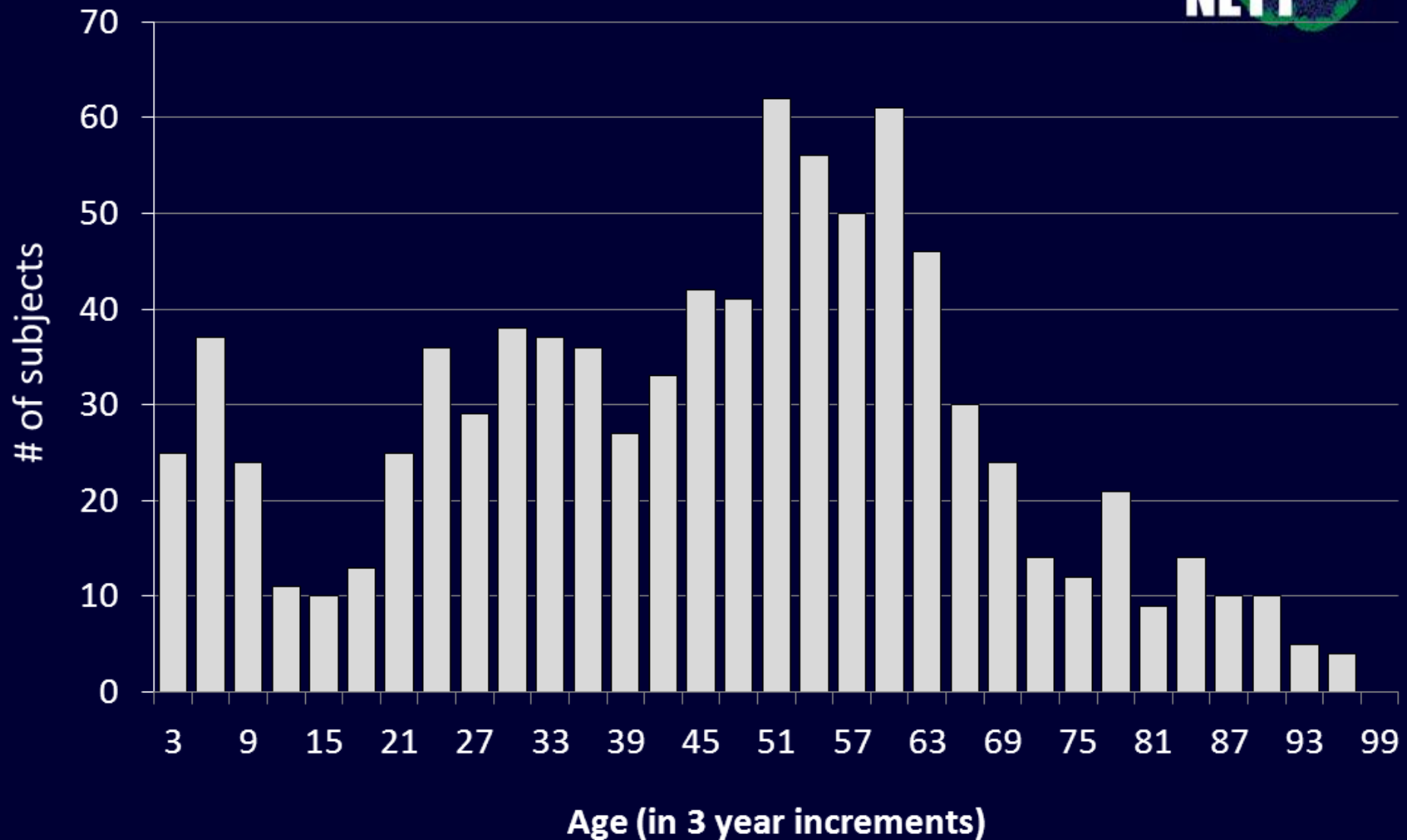
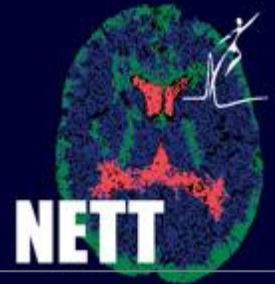
Characteristic	IM Midazolam (N = 448)	IV Lorazepam (N = 445)
Age		
Mean (range) — yr	43±22 (0–102)	44±22 (1–94)
Age group — no. (%)		
0–5 yr	32 (7)	29 (7)
6–10 yr	15 (3)	20 (4)
11–20 yr	28 (6)	21 (5)
21–40 yr	114 (25)	112 (25)
41–60 yr	169 (38)	169 (38)
≥61 yr	90 (20)	94 (21)
Male sex — no. (%)	250 (56)	238 (53)
Race — no. (%)†		
Black	229 (51)	224 (50)
White	165 (37)	183 (41)
Other, mixed, or unknown	54 (12)	38 (9)
Ethnic group — no. (%)‡		
Non-Hispanic	310 (69)	290 (65)
Hispanic	49 (11)	57 (13)
Unknown	89 (20)	98 (22)

**Table 1. Characteristics of the Subjects at Baseline.\***

Characteristic	IM Midazolam (N = 448)	IV Lorazepam (N = 445)
Dose tier — no. (%)‡		
Low	62 (14)	59 (13)
High	386 (86)	386 (87)
History of epilepsy — no. (%)		
Yes	293 (65)	295 (66)
No	111 (25)	103 (23)
Not documented	44 (10)	47 (11)
Final diagnosis — no. (%)		
Status epilepticus	404 (90)	399 (90)
Nonepileptic spell	31 (7)	32 (7)
Undetermined	13 (3)	14 (3)
Precipitating cause of status epilepticus — no. (%)		
Noncompliance with or discontinuation of anticonvulsant therapy	137 (31)	141 (32)
Idiopathic or breakthrough status epilepticus	121 (27)	121 (27)
Coexisting condition that lowered seizure threshold	33 (7)	29 (7)

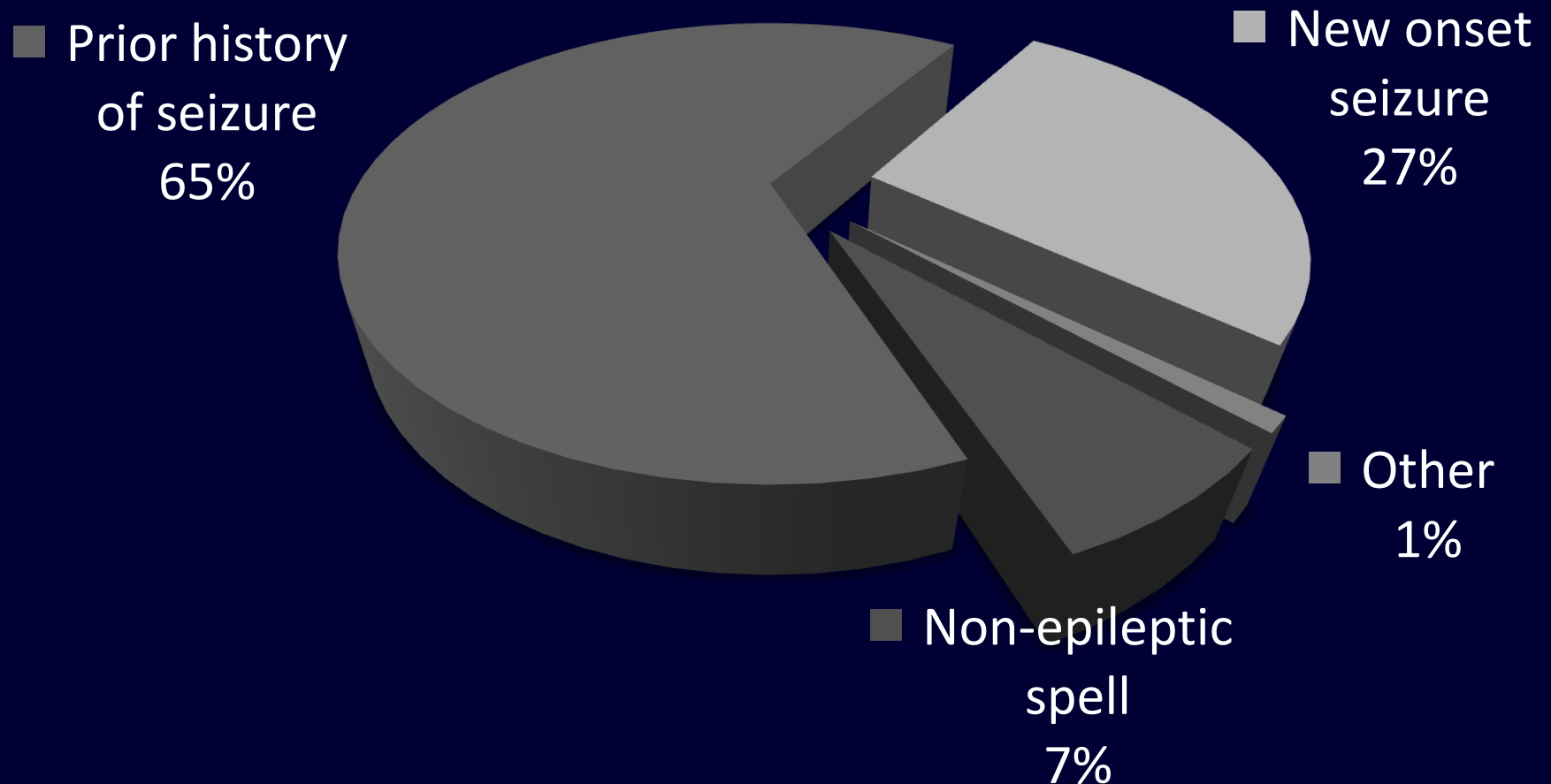
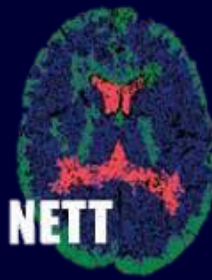


# Demographics - Age



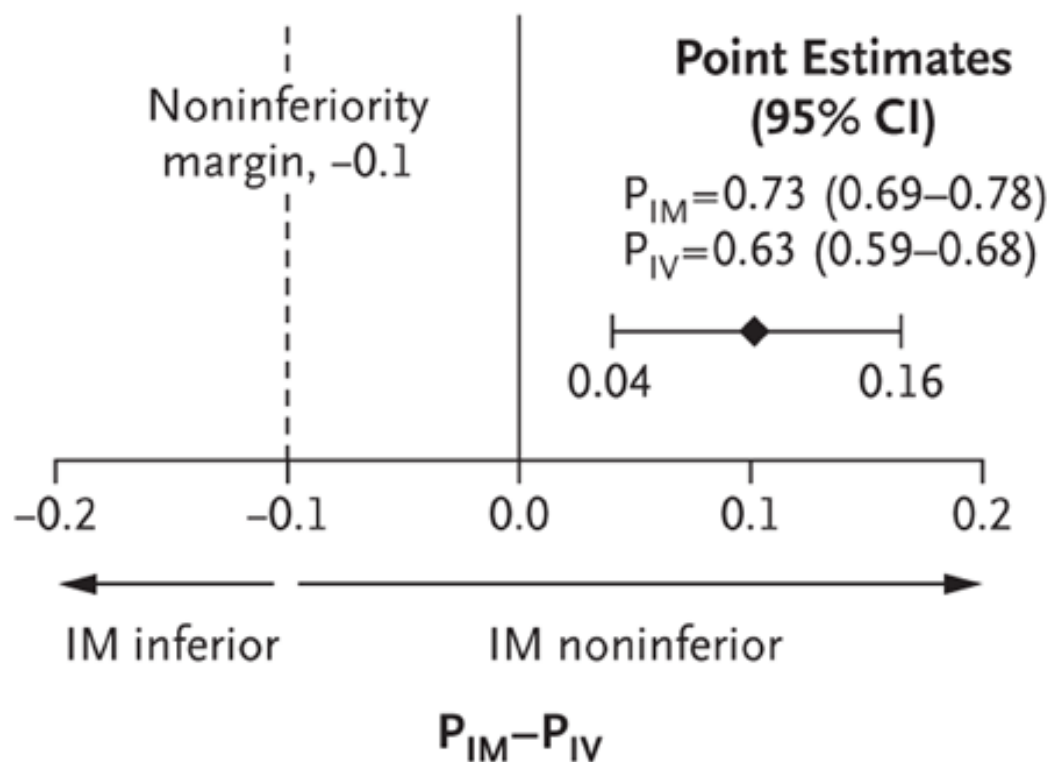


# Etiology of SE in the study



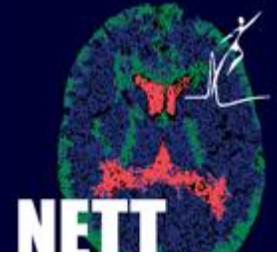


# Primary Outcome





# Primary Outcome

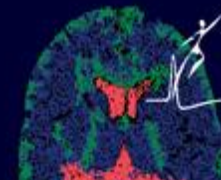


**Table 2. Primary and Secondary Outcomes.\***

Outcome	Intention-to-Treat Analysis† (N = 893)		Per-Protocol Analysis‡ (N = 732)	
	IM Midazolam (N = 448)	IV Lorazepam (N = 445)	IM Midazolam (N = 362)	IV Lorazepam (N = 370)
<b>Primary outcome</b>				
Seizures terminated, no rescue therapy given				
No. of subjects	329	282	271	238
% of subjects (95% CI)§	73.4 (69.3–77.5)	63.4 (58.9–67.9)	74.9 (70.4–79.3)	64.3 (59.4–69.2)
Treatment failed — no. of subjects (%)	119 (26.6)	163 (36.6)	91 (25.1)	132 (35.7)
Seizures not terminated, no rescue therapy given	50 (11.2)	64 (14.4)	42 (11.6)	51 (13.8)
Seizures not terminated, rescue therapy given	22 (4.9)	42 (9.4)	14 (3.9)	38 (10.3)
Seizures terminated, rescue therapy given	47 (10.5)	57 (12.8)	35 (9.7)	43 (11.6)



# Secondary Outcomes

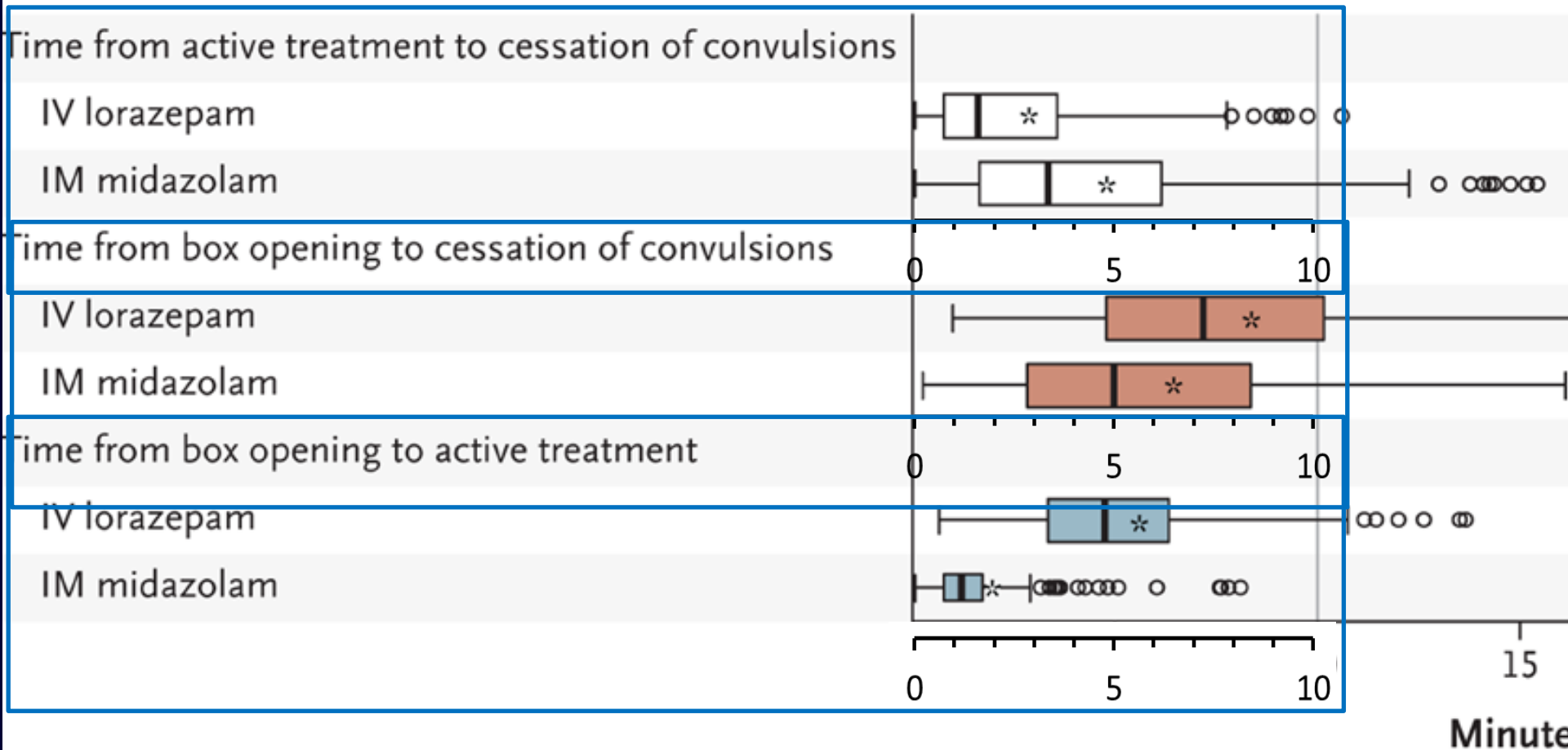
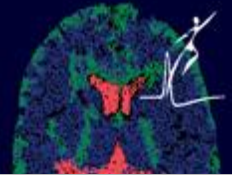


**Table 2. Primary and Secondary Outcomes.\***

Outcome	Intention-to-Treat Analysis† (N = 893)		Per-Protocol Analysis‡ (N = 732)	
	IM Midazolam (N = 448)	IV Lorazepam (N = 445)	IM Midazolam (N = 362)	IV Lorazepam (N = 370)
Secondary outcomes				
Endotracheal intubation within 30 min after ED arrival				
No. of subjects — %	63 (14.1)	64 (14.4)	53 (14.6)	53 (14.3)
Relative risk (95% CI)	0.98 (0.70–1.34)		1.02 (0.71–1.45)	
Hospitalization				
No. of subjects — %	258 (57.6)	292 (65.6)	210 (58.0)	250 (67.6)
Relative risk (95% CI)	0.88 (0.79–0.98)		0.86 (0.77–0.96)	
ICU admission				
No. of subjects — %	128 (28.6)	161 (36.2)	102 (28.2)	138 (37.3)
Relative risk (95% CI)	0.79 (0.65–0.95)		0.76 (0.61–0.93)	
Recurrent seizure within 12 hr after ED arrival				
No. of subjects — %	51 (11.4)	47 (10.6)	37 (10.2)	39 (10.5)
Relative risk (95% CI)	1.08 (0.74–1.56)		0.97 (0.63–1.48)	
Hypotension				
No. of subjects — %	12 (2.7)	13 (2.9)	5 (1.4)	9 (2.4)
Relative risk (95% CI)	0.92 (0.42–1.98)		0.57 (0.19–1.67)	

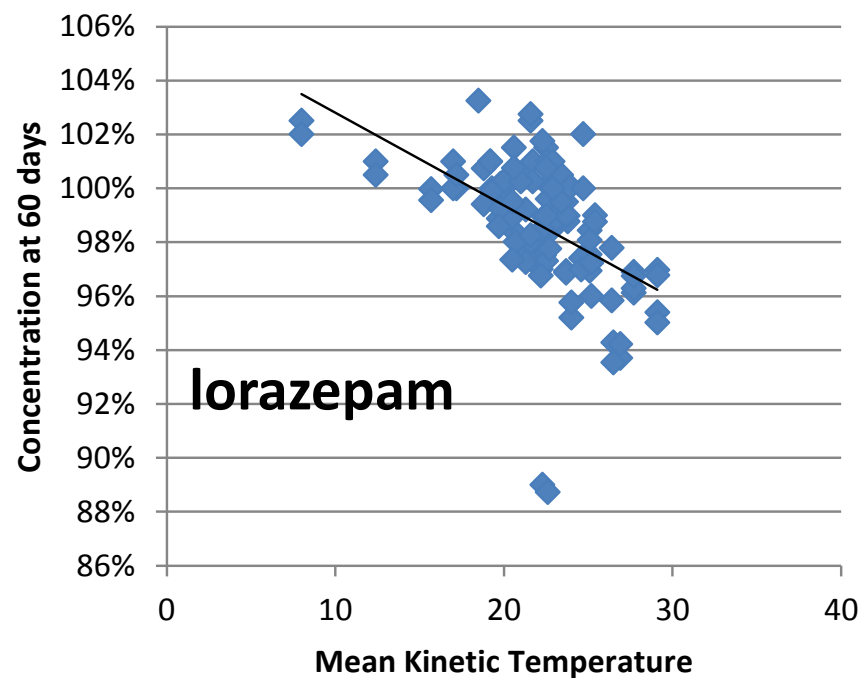
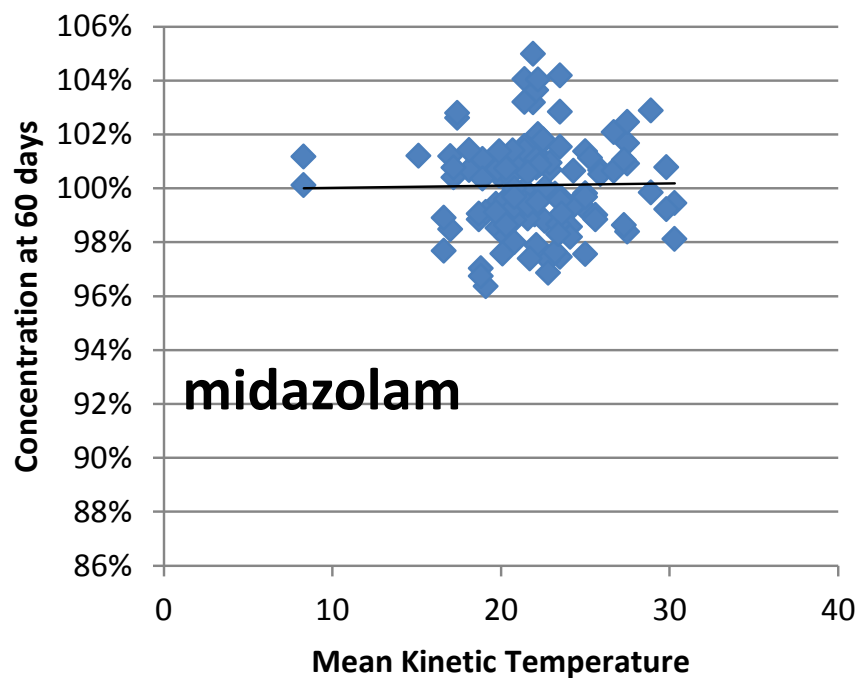
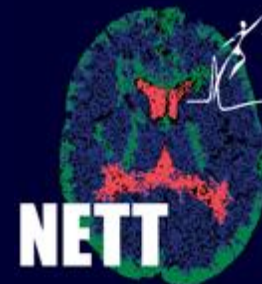


# Time Outcomes



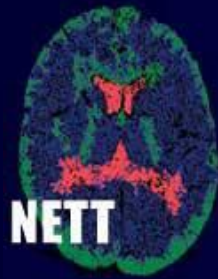


# In-field stability and temperature





# Summary – accompanying editorial

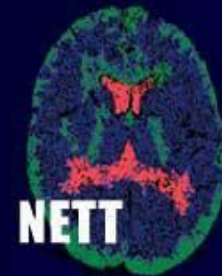


“...the findings in this study should lead to a systematic change in the way patients in status epilepticus are treated en route to the hospital.”

*Lawrence Hirsch*



# Summary



- Intramuscular midazolam is the optimal initial prehospital treatment for status epilepticus by paramedics
- Next steps are facilitating clinical (T2) translation
- Focus on the next step... what is the optimal second line agent in the ED for those with status epilepticus refractory to benzodiazepines?



# Acknowledgements



## NETT CCC

Robert Silbergleit  
Dan Lowenstein  
Bill Barsan  
Art Pancioli  
Kay Vonderschmidt  
Deneil Kolk  
Valerie Stevenson  
Erin Zalenski  
Donna Harsh  
Joy Pinkerton

## NINDS

Robin Conwit  
Scott Janis  
Brandy Fureman  
David Jett

## NETT SDMC

Valerie Durkalski  
Yuko Palesch  
Wenle Zhao  
Catherine Dillon  
Angela Wu

Our subjects &  
Thousands of medics

## DSMB

Tom Bleck  
Gail Anderson  
Jim Chamberlain  
Joseph Collins  
Peter Gilbert  
Jeff Saver

## Hub PI's

Tom Aufderheide  
Jill Baren  
Michelle Biros  
Kurt Denninghoff  
Nina Gentile  
J. Claude Hemphill III  
Roger Humphries  
Elizabeth Jones  
Christopher Lewandowski  
Robert Lowe  
Stephan Mayer  
Joseph P. Ornato  
Arthur Pancioli  
James V. Quinn  
Barney J. Stern  
Robert Welch  
David Wright

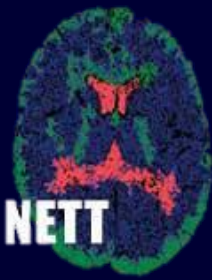






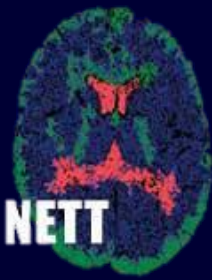






**[rampart.umich.edu](http://rampart.umich.edu)**

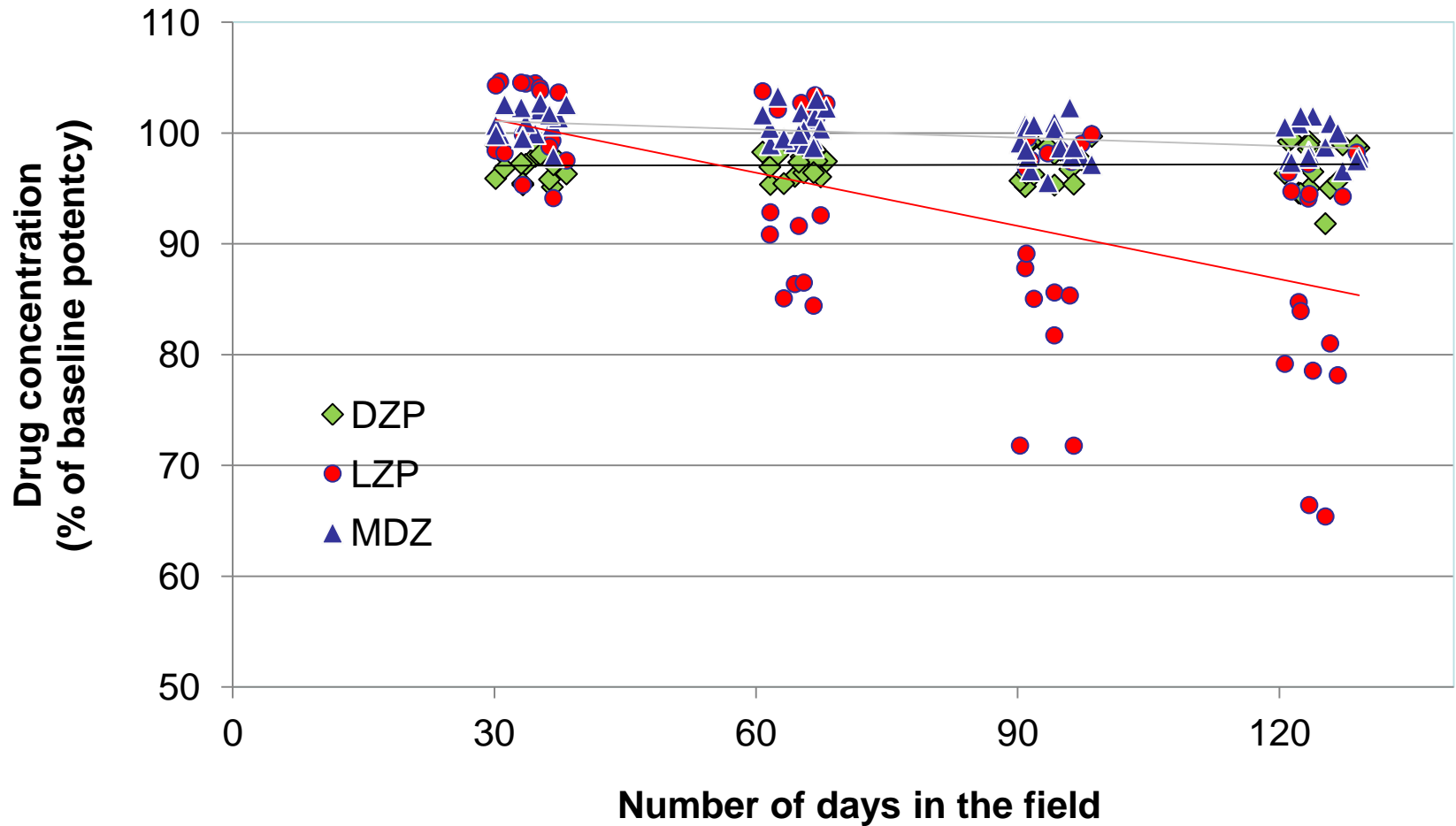




**[nett.umich.edu](http://nett.umich.edu)**



# Loss of lorazepam potency with time in the field





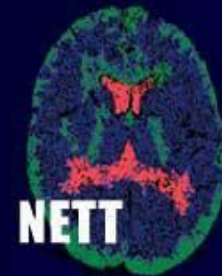


# Prehospital Intubations

- PHTSE (supported respirations BVM / intubation)
  - IV LZP                      7/66        11%
  - IV DZP                      6/68        9%
  - IV Placebo                11/71       15%
- RAMPART (completed / attempted advanced airway)
  - IV LZP                      7/509       1%
  - IM MDZ                    13/514      3%



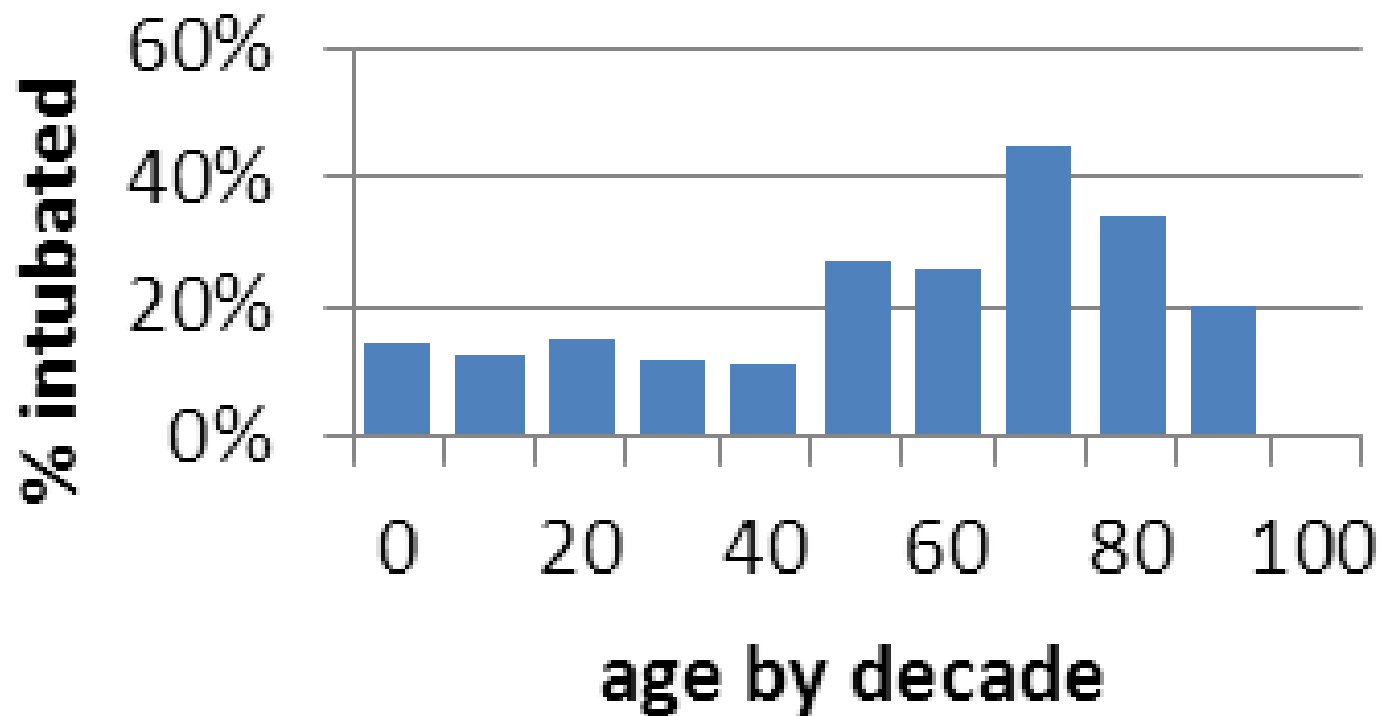
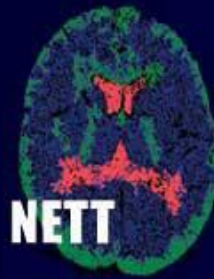
# Persistent seizures and intubation



- Primary outcome predicts intubation (enrollments)
  - Treatment success    105/691    15%
  - Treatment failures    95/33    29%
- About 1/3 enrollments were seizing at the time of intubation
- Most had additional benzodiazepines in the ED prior to the decision to intubate



# Most intubations in older adults

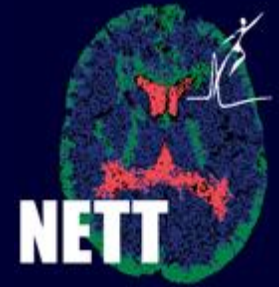




# IV not administered

		IM midazolam (N=448)	IV lorazepam (N=445)
<b>IV not administered</b>	n(% of total ITT)	216 (48%)	148 (33%)
<b>Reason</b>	n(% of total ITT)		
Seizure stopped before IV could be started		174 (39%)	95 (21%)
Medics unable to start IV before ED arrival		27 (6%)	42 (9%)
Other		15 (3%)	11 (2%)



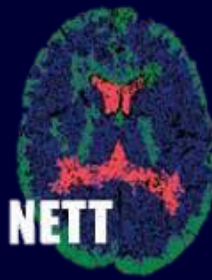




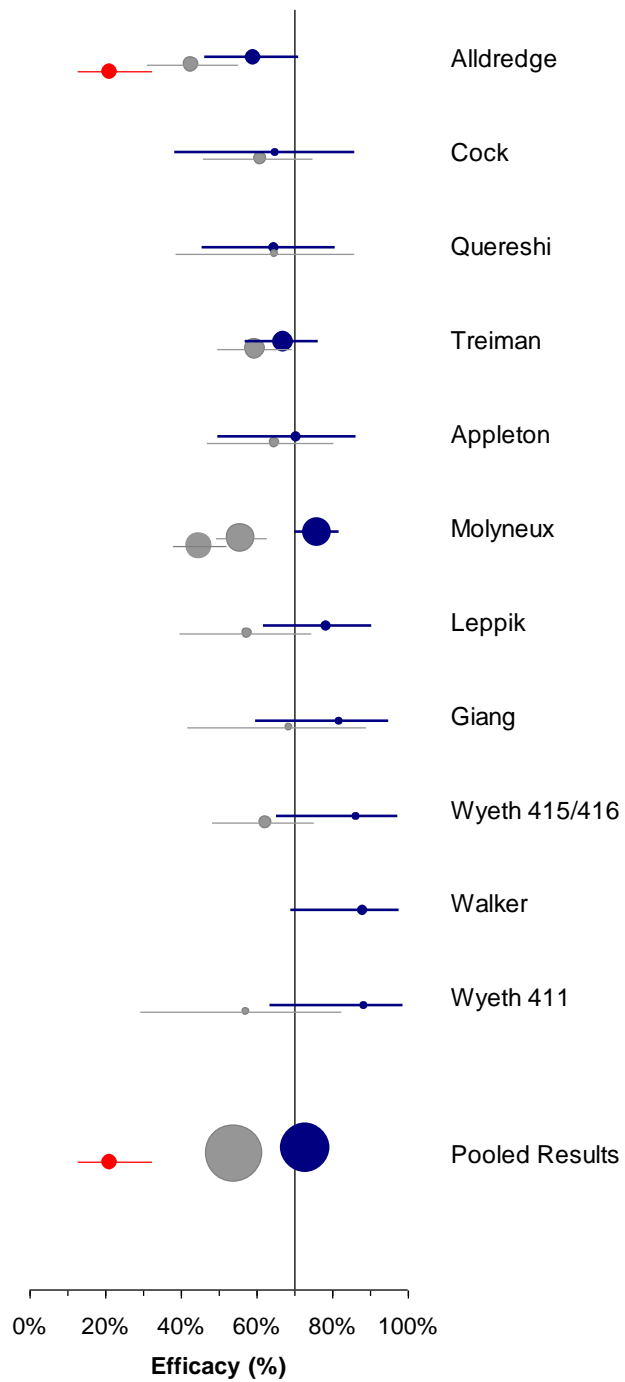




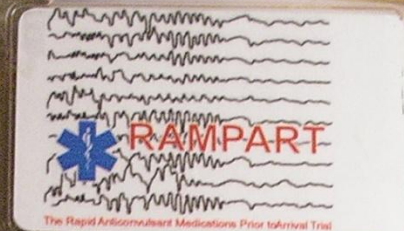
# Study materials





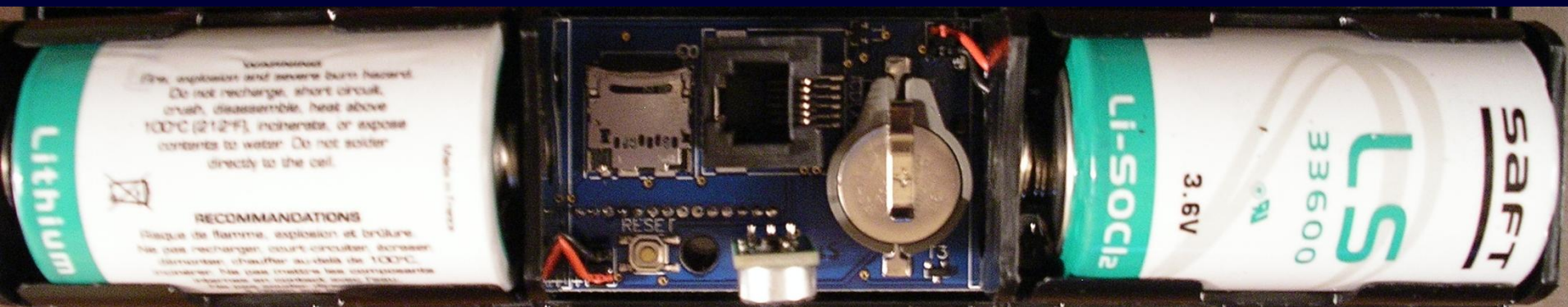




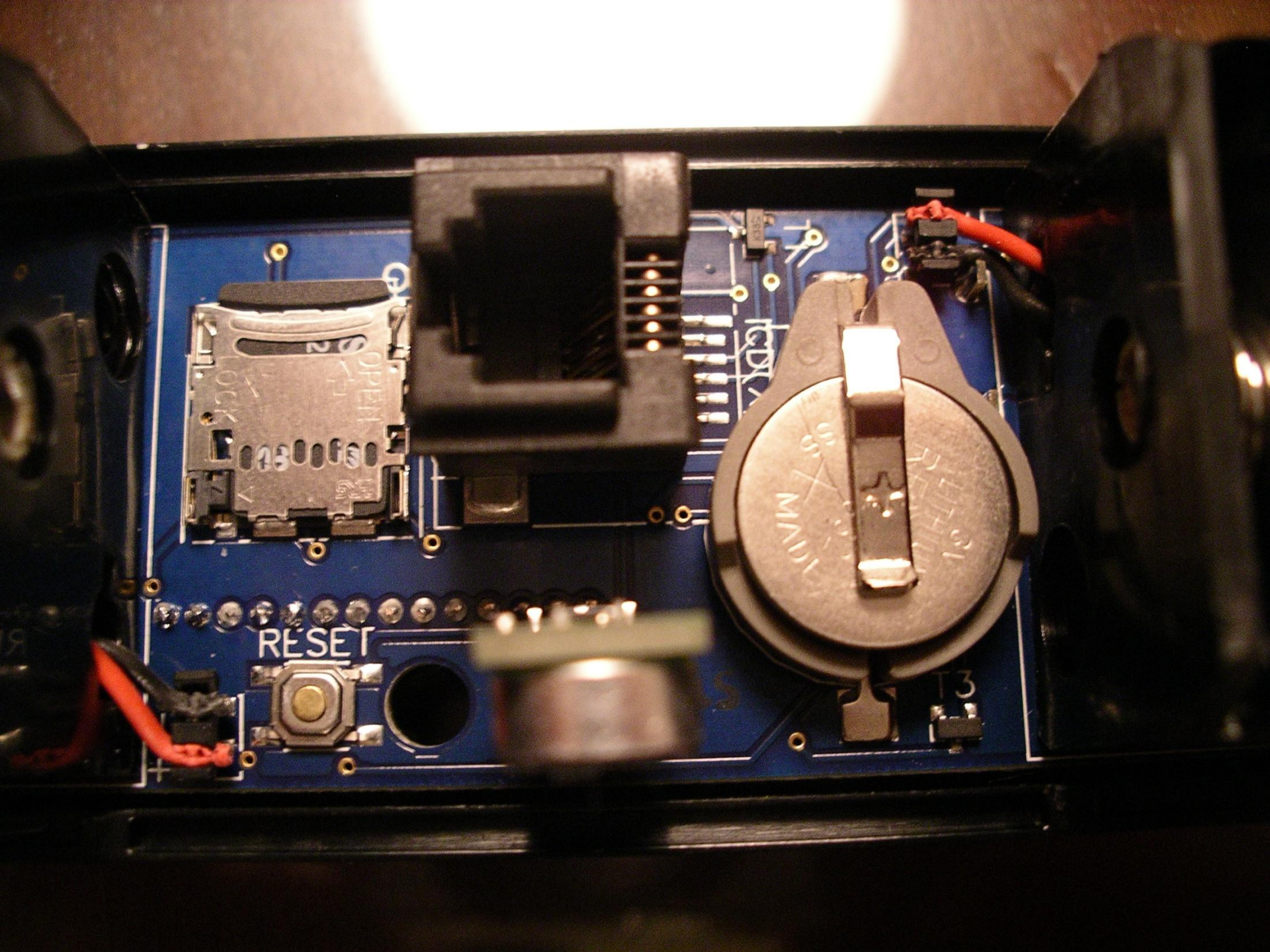


Finished at Box I  
19:54 B7B8CA6











Ready  
11:35

Box ID  
9A71FF32



Recording  
01:15

Box ID  
9A71FF32



Finished at  
10:35

Box ID  
9A71FF32



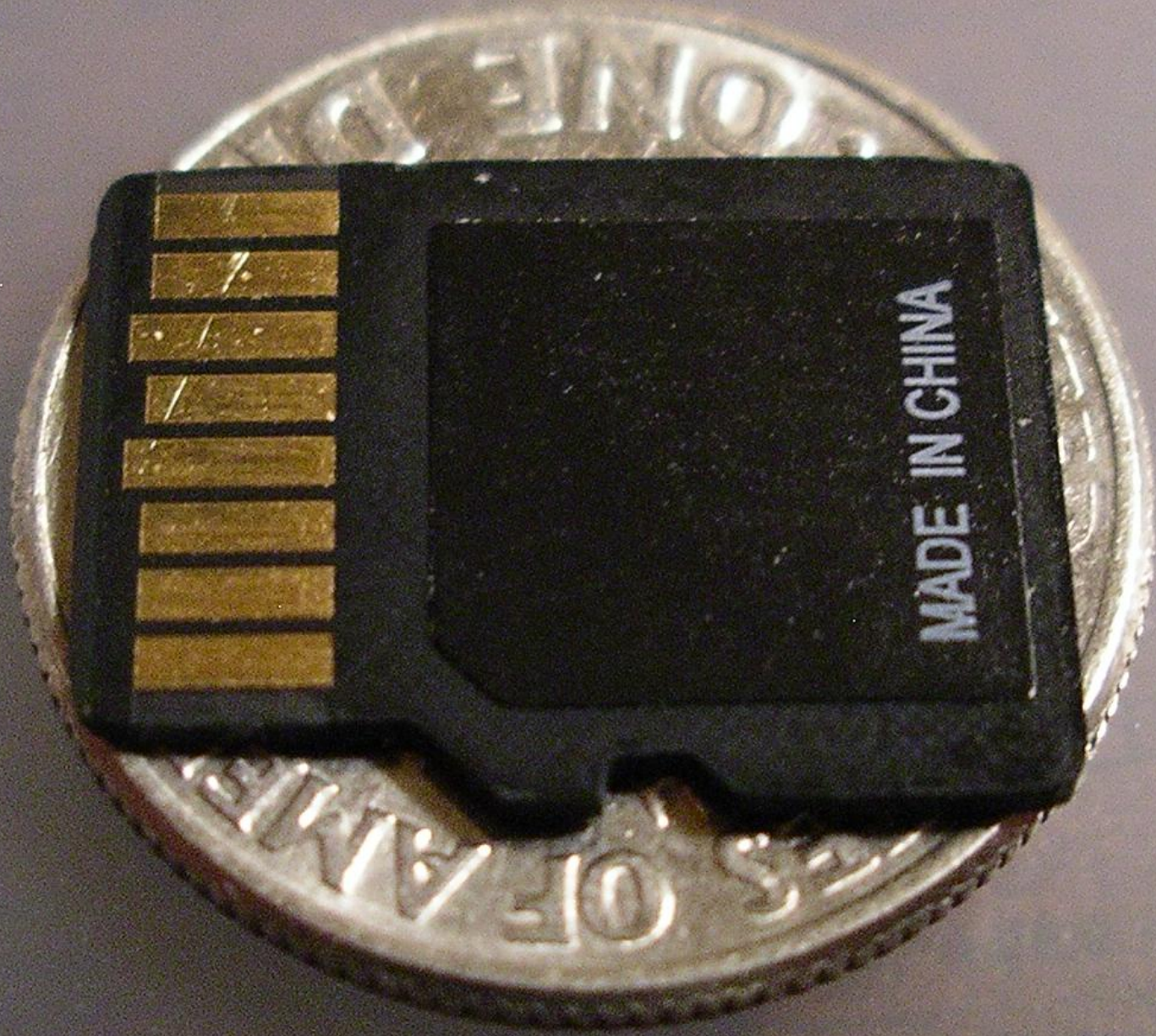
60day/temp

04:25

Box ID

9A71FF32





MADE IN CHINA



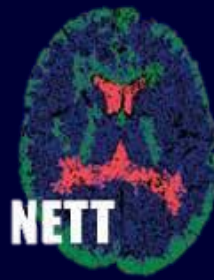




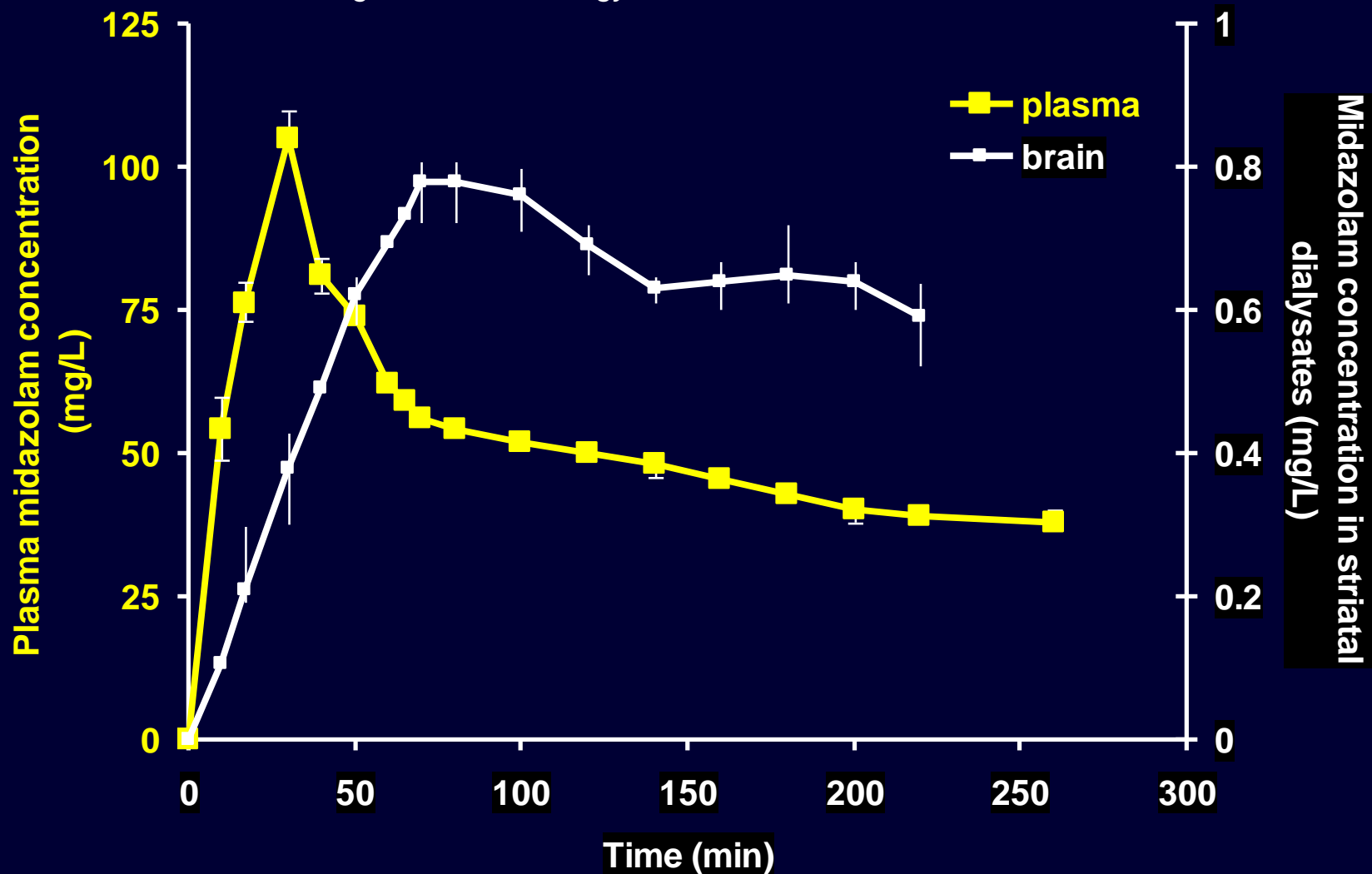




# Brain midazolam concentration remains high even as serum concentration is dropping

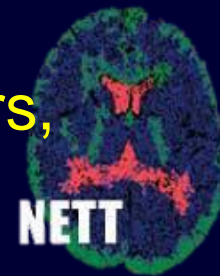


*Megarbane, Toxicology Letters 2005;159:22–31*

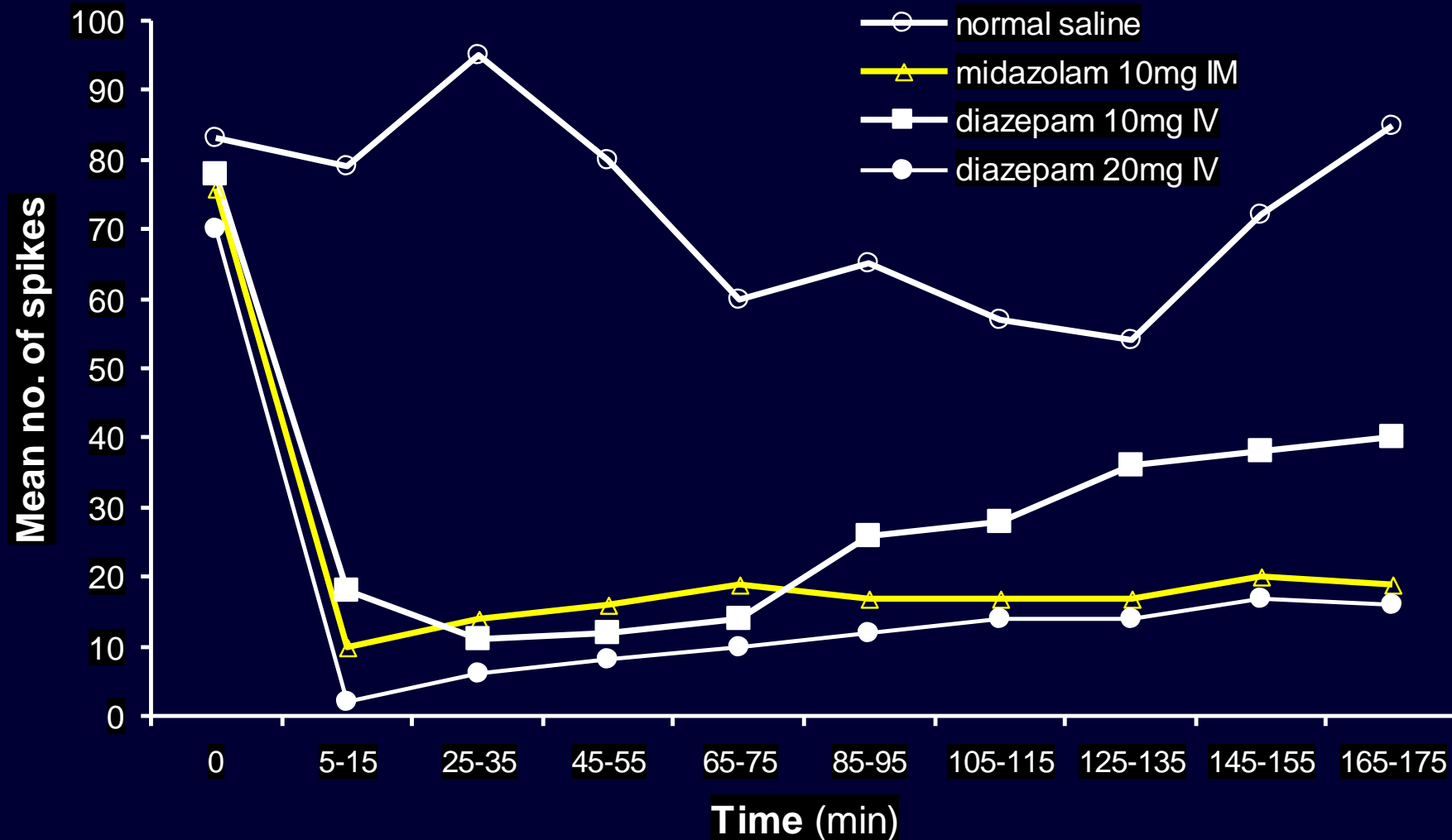




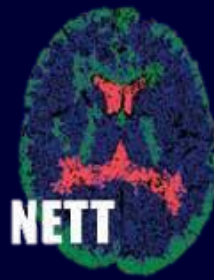
# Duration of seizure suppression with midazolam is hours, and similar to that of diazepam



*Towne, J Emerg Med 1999;17:323-328*







# Time interval data

Still in rough analysis

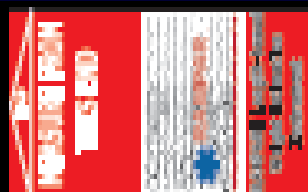
Time	Median (minutes)
Est. vehicular arrival on scene to box open	8.0
Box open to active drug	1.7
Active drug to seizure cessation	2.6





# Intervention

- Two packages in each box, Child dose and Adult dose
- Each package has one IM injector, one IV dose, one of which is active, the other is dummy
- Child (13- 39 kg) – Lorazepam 2 mg or Midazolam 5 mg
- Adult (40 kg and up)– Lorazepam 4 mg or Midazolam 10 mg
- Midazolam is in an autoinjector
- Lorazepam is given IV



DO NOT ENROLL

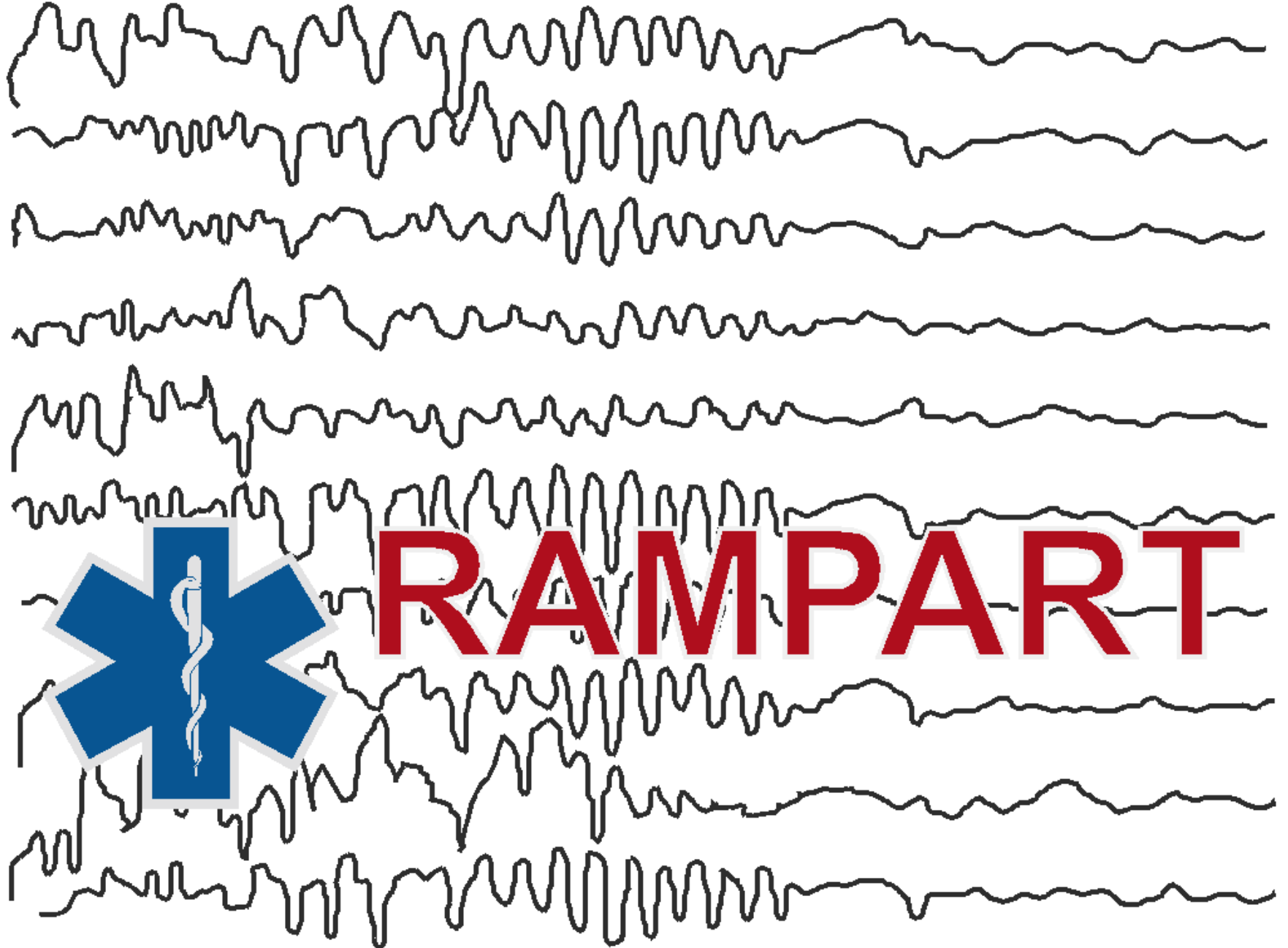
DO NOT ENROLL

USE 5mg PURPLE CAPPED AUTO-INJECTOR AND 2mg SYRINGE

USE 5mg PURPLE CAPPED AUTO-INJECTOR AND 2mg SYRINGE



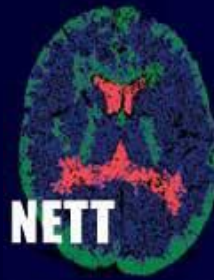




The Rapid Anticonvulsant Medications Prior to Arrival Trial



# Synergism



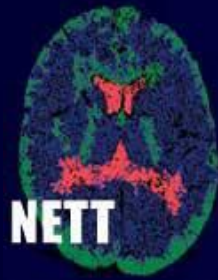
- Midazolam (MDZ) has rapid absorption and onset of action after intramuscular (IM) delivery than diazepam and other anticonvulsants.
- Important to CounterACT
- Important in clinical EMS practice





# CounterACT Executive Summary

## Importance

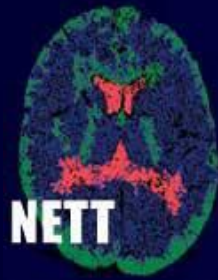


- Importance to CounterACT
  - The advanced anticonvulsant system (AAS), an autoinjector containing midazolam, is meant to improve outcomes from nerve agent exposures when included with pralidoxime and atropine autoinjectors, but it requires clinical testing for FDA approval.
  - Testing in the EMS environment is relevant to use in homeland security and military applications.



# CounterACT Executive Summary

## Importance



- Importance to clinical practice
  - 200,000 cases of status epilepticus in the US every year resulting in as many as 55,000 deaths
  - Existing prehospital treatments are suboptimal
  - A midazolam IM autoinjector promises to benefit patients treated by paramedics for status epilepticus (SE) in routine prehospital clinical practice where the administration of intravenous (IV) agents is complicated by the risk and difficulty of starting venous access in convulsing patients in environments that are usually poorly controlled



**CAUTION:** Never touch the orange **NEEDLE END!**

**STEP 1**  
**GRASP** the syringe, then **PULL** the plunger to draw the drug.

**STEP 2**  
**PLACE** the syringe against the thigh and **PUSH HARD** until it jabs.

**STEP 3**  
**NOW HOLD** the syringe in place for **10 SEC** ONDS to deliver drug.

**NEEDLE END**

**NEEDLE END**

**Blue Safety Release**



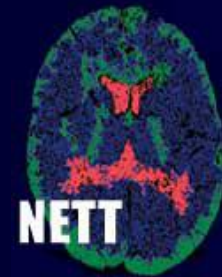
Exposed needle of  
a used auto-injector



**CAUTION:** Never touch the orange **NEEDLE END!**



# Foundational principles of the plan:

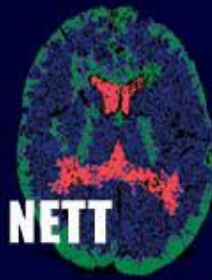


these are the underlying ethical purposes that we infer from the rules at 21 CFR 50.24. We use these as the goals to meet to define successful implementation. These principles are:

- Understanding
- Respect
- Transparency



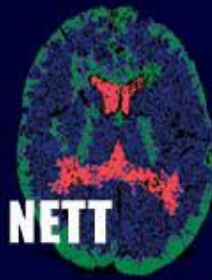
# Understanding



- the information we wish to obtain from community consultation is the variety of values and narratives of the people to whom we talk. The research to be conducted is the stimulus for the discussion, but the goal is for us to better understand them.



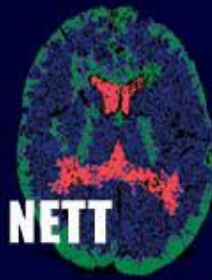
# Respect



- local investigators will demonstrate respect by going to community gatherings to make presentations, rather than by asking the community to come to us. The process is one of humility that emphasizes personal interaction.



# Transparency



- public notification is about having nothing to hide. Adequacy is determined by the fullness of disclosure and the ease of accessibility rather than a head count of recipients or viewers.



# Status Epilepticus at the Time of Emergency Department Arrival

Alldredge et al. N Engl J Med 2001;345:631-7.

Variable	LORAZEPAM (N=66)	DIAZEPAM (n=68)	PLACEBO (n=71)
	% of patients		
SE terminated	59.1	42.6	21.1
Ongoing SE	40.9	57.4	78.9

## Conclusion

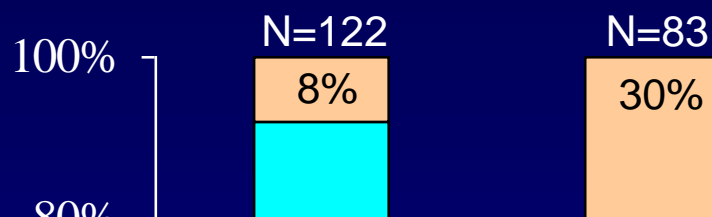
- Lorazepam and diazepam better than placebo
- Lorazepam probably better than diazepam

Odds ratios adjusted for ethnicity, interval from SE onset to study treatment and from study treatment to ED arrival, and cause of SE within prognostic group



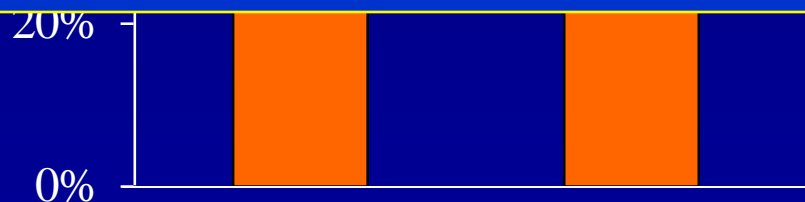
# Disposition of Patients from the Emergency Department

Alldredge et al. N Engl J Med 2001;345:631-7.



## Conclusion

- Stopping seizures prior to ED arrival keeps patients from needing to go to the ICU and makes them more likely to be able to go directly home



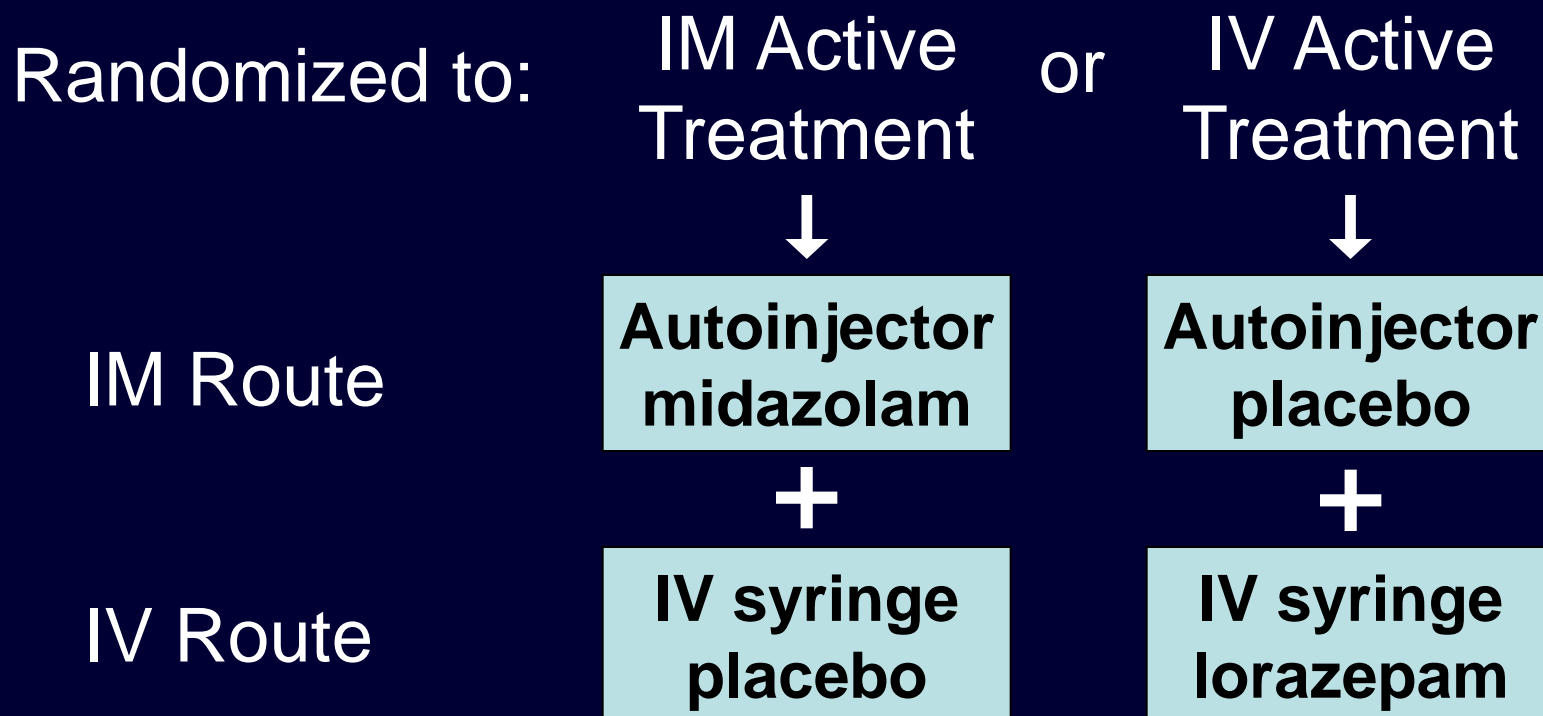
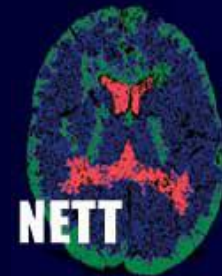
\*P<0.001

YES NO  
SE Continuing At ED Arrival?



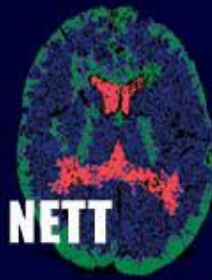
# Synopsis - double-dummy design

All subjects get active treatment by either IM or IV route





# Purpose



- We need to be...

Heedful

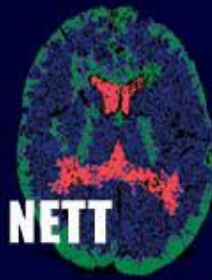
Respectful

Transparent

Humble



# Purpose

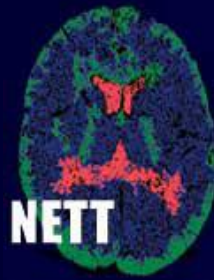


- We need to be...

Heedful	⇒	Comm. Consult.
Respectful	⇒	Comm. Consult.
Transparent	⇒	Public Disclosure
Humble	⇒	Comm. Consult.



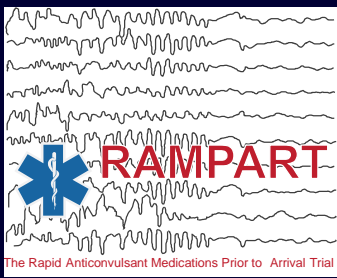
# Purpose



- We need to be...

Heedful	⇒	Listen and consider
Respectful	⇒	Go to the people
Transparent	⇒	Keep nothing concealed
Humble	⇒	Do it yourself





## Neurological Emergencies Treatment Trials (NETT)

### **Intramuscular midazolam v. intravenous lorazepam in the pre-hospital treatment of status epilepticus: the Rapid Anticonvulsant Medication Prior to Arrival Trial (RAMPART)**

This work was primarily supported by award 5U01NS056975-04 from the National Institute of Neurological Disorders and Stroke (NINDS), the Office of the Director, National Institutes of Health (OD), BARDA, and the NIH CounterACT program



# Enrollment

- First subject in 6/15/2009







# Importance

- Importance to clinical practice
  - 200,000 cases of status epilepticus in the US every year resulting in as many as 55,000 deaths
  - Existing prehospital treatments are suboptimal
  - A midazolam IM autoinjector promises to benefit patients treated by paramedics for status epilepticus (SE) in routine prehospital clinical practice where the administration of intravenous (IV) agents is complicated by the risk and difficulty of starting venous access in convulsing patients in environments that are usually poorly controlled





# Aims

## Primary Hypothesis

- IM midazolam is as effective as IV lorazepam at stopping convulsions prior to ED arrival

## Secondary Hypotheses

- Convulsions stop more rapidly with treatment with IM midazolam versus IV lorazepam
- There is no difference in safety between the two treatments



# Primary Outcome

**Table 2.** Primary and Secondary Outcomes.\*

Outcome	Intention-to-Treat Analysis† (N = 893)	
	IM Midazolam (N = 448)	IV Lorazepam (N = 445)
<b>Primary outcome</b>		
Seizures terminated, no rescue therapy given		
No. of subjects	329	282
% of subjects (95% CI)§	73.4 (69.3–77.5)	63.4 (58.9–67.9)
Treatment failed — no. of subjects (%)		
Seizures not terminated, no rescue therapy given	50 (11.2)	64 (14.4)
Seizures not terminated, rescue therapy given	22 (4.9)	42 (9.4)
Seizures terminated, rescue therapy given	47 (10.5)	57 (12.8)





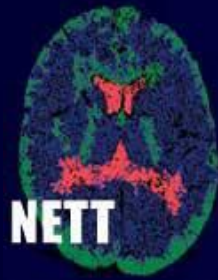
# Exception from Informed Consent Clinical Trials in the Neurological Emergencies Treatment Trials (NETT)

**1U01NS056975-01**

Robert Silbergleit  
NETT Clinical Coordinating Center  
University of Michigan, Ann Arbor



# Objectives



NETT EFIC Clinical Trials

The NETT Approach to EFIC

Our Experience



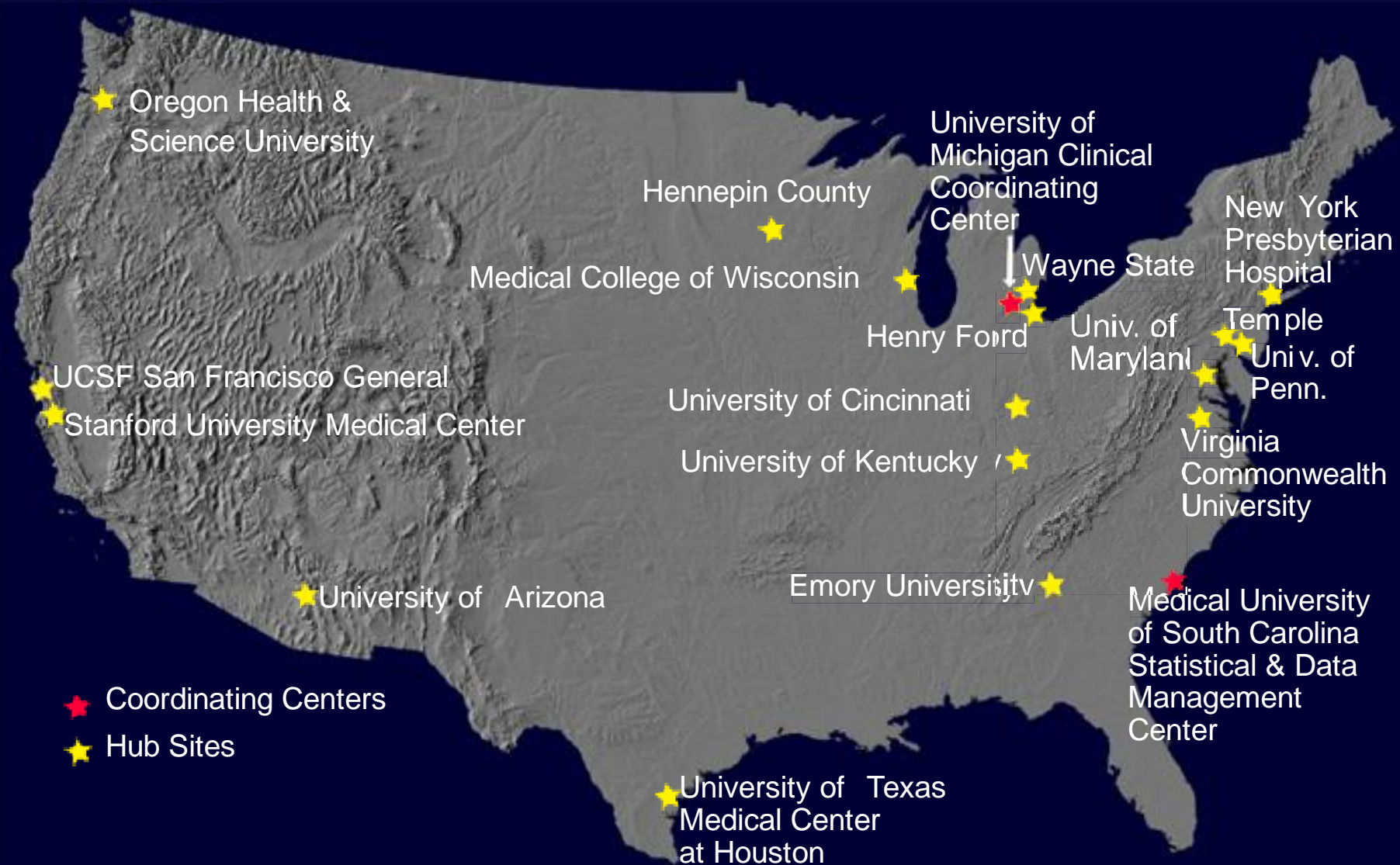
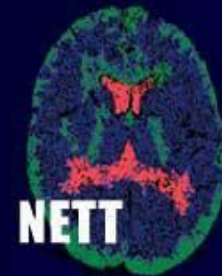


## Orientation to the NETT

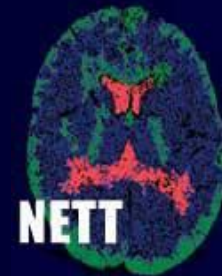
- Created in 2007
- ED oriented but multidisciplinary
- 17 Hubs, CCC, SDMC, NINDS



# NETT Network



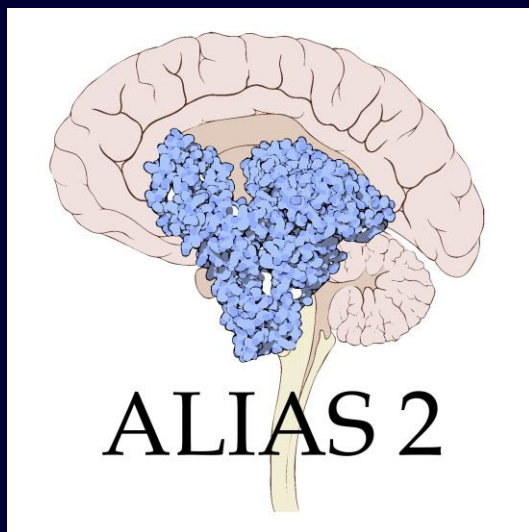
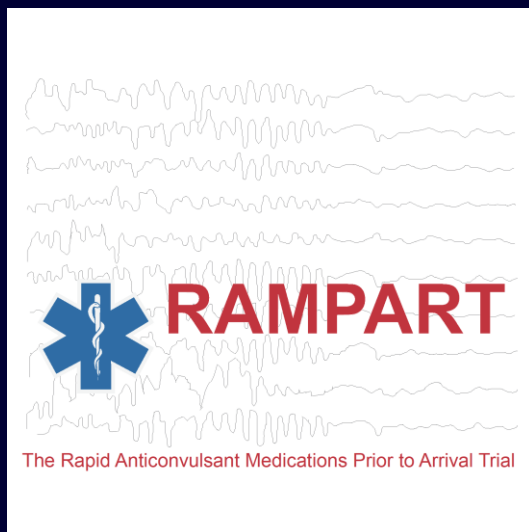




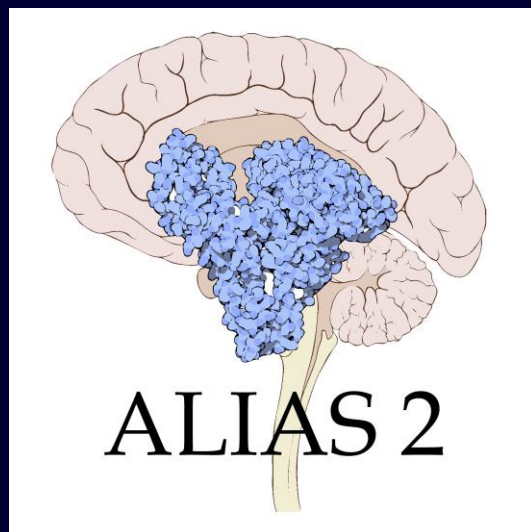
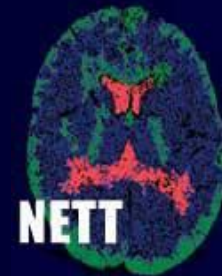
## Orientation to the NETT

- Funded infrastructure
- Trials supported by independent grants
- Goal is a full pipeline













## In the pipeline

- SHINE
- ARCTIC
- ESETT
- Duration of Hypothermia after Cardiac Arrest
- And many more in earlier stages.....





## NETT Approach to EFIC

- Promoting collegiality and collaboration within and between clinical sites
- Providing centralized resources and coordination while respecting local control



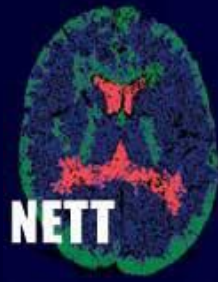


## NETT Approach to EFIC

- Promoting collegiality and collaboration within and between clinical sites
  - **Bringing people together**
  - Human subjects protection coordinator
  - Network HSP working group







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- Promoting collegiality and collaboration within and between clinical sites
  - Bringing people together
  - Human subjects protection coordinator
  - **Network HSP working group**





# NETT Approach to EFIC

- Providing centralized resources and coordination while respecting local control
  - **Shared resources**
  - Standardized reporting
  - Information technology





- [illegible]





# NETT Approach to EFIC

- Providing centralized resources and coordination while respecting local control
  - Shared resources
  - Standardized reporting
  - **Information technology**

The screenshot shows the WebDOC™ RAMPART software interface. The main window displays a table with columns for ID, First Name, Last Name, and Date. The table contains several rows of data, including names like 'John', 'Jane', and 'John', and dates like '10/10/2000', '10/10/2001', and '10/10/2002'. The interface also includes a sidebar with navigation links and a top menu bar.

ID	First Name	Last Name	Date
1	John	John	10/10/2000
2	Jane	Jane	10/10/2001
3	John	John	10/10/2002
4	John	John	10/10/2003
5	John	John	10/10/2004
6	John	John	10/10/2005
7	John	John	10/10/2006
8	John	John	10/10/2007
9	John	John	10/10/2008
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13	John	John	10/10/2012
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260	John	John	10/10/2259
261	John	John	10/10/2260
262	John	John	10/10/2261
263	John	John	10/





## Our Experience - RAMPART

- 43 IRB's for 321 entities
- Submission of local EFIC plan to beginning enrollment ranged from 2 to 22 months with mean and median of 11 months
- 1 municipal IRB reviewed and did not approve





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## Our Experience - RAMPART

- 225 Community Consultation activities
- 23,898 participants
- Feedback from 6,846 individuals
  - 50,275 closed ended responses
  - 2,635 open ended responses and comments
  - 78% supportive on qualitative coding

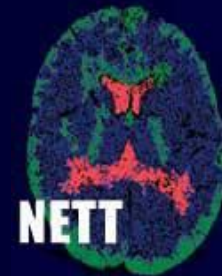




## Our Experience - RAMPART

- visits to existing group meetings (43%)
- focus groups / interviews (19%)
- booth or table at events (8%)
- town hall meetings (9%)
- random digit dialing or internet surveys (4%)
- call-in radio talk shows (1%)
- unscheduled feedback (phone calls, e-mail, etc.)





## Our Experience - RAMPART

- geographical communities (68%)
- seizure risk-related communities (32%)



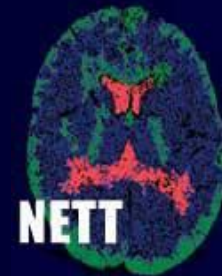


## Our Experience - RAMPART

- general public (56%)
- parents (13%)
- children (8%)
- medical professionals (19%)
- ethnic or racial (6%)
- religious (2%)
- civic leaders (8%)
- and others

adds up to more than 100% because some events involved multiple categories of participants





## Our Experience - RAMPART

- 289 public disclosure activities pre/early trial
- newspaper stories or announcements in 18%
- radio and television broadcasts in 10%
  - 75% of the estimated audience from these
- Electronic media (e-mail / website) 19%
  - 11% of the estimated audience
- brochures, posters, fliers, direct mailings, billboards, information booths, presentations, and other communications.

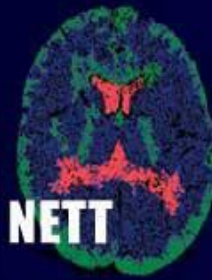




## Our Experience - ProTECT

- EFIC processes and approvals came quicker
- Evaluations made more consistent across sites
- PEER-ProTECT built on PEER-RAMPART





Why

How

What

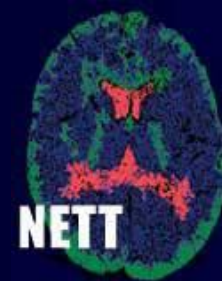


Simon Sinek  
*Start with Why*

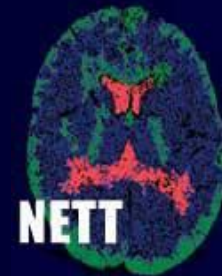
[http://www.ted.com/talks/simon\\_sinek](http://www.ted.com/talks/simon_sinek)



Make  
people  
better







Multi-  
disciplinary

Large  
Simple  
Trials

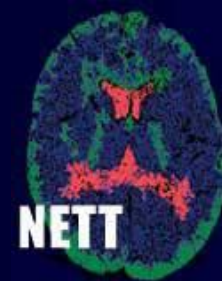
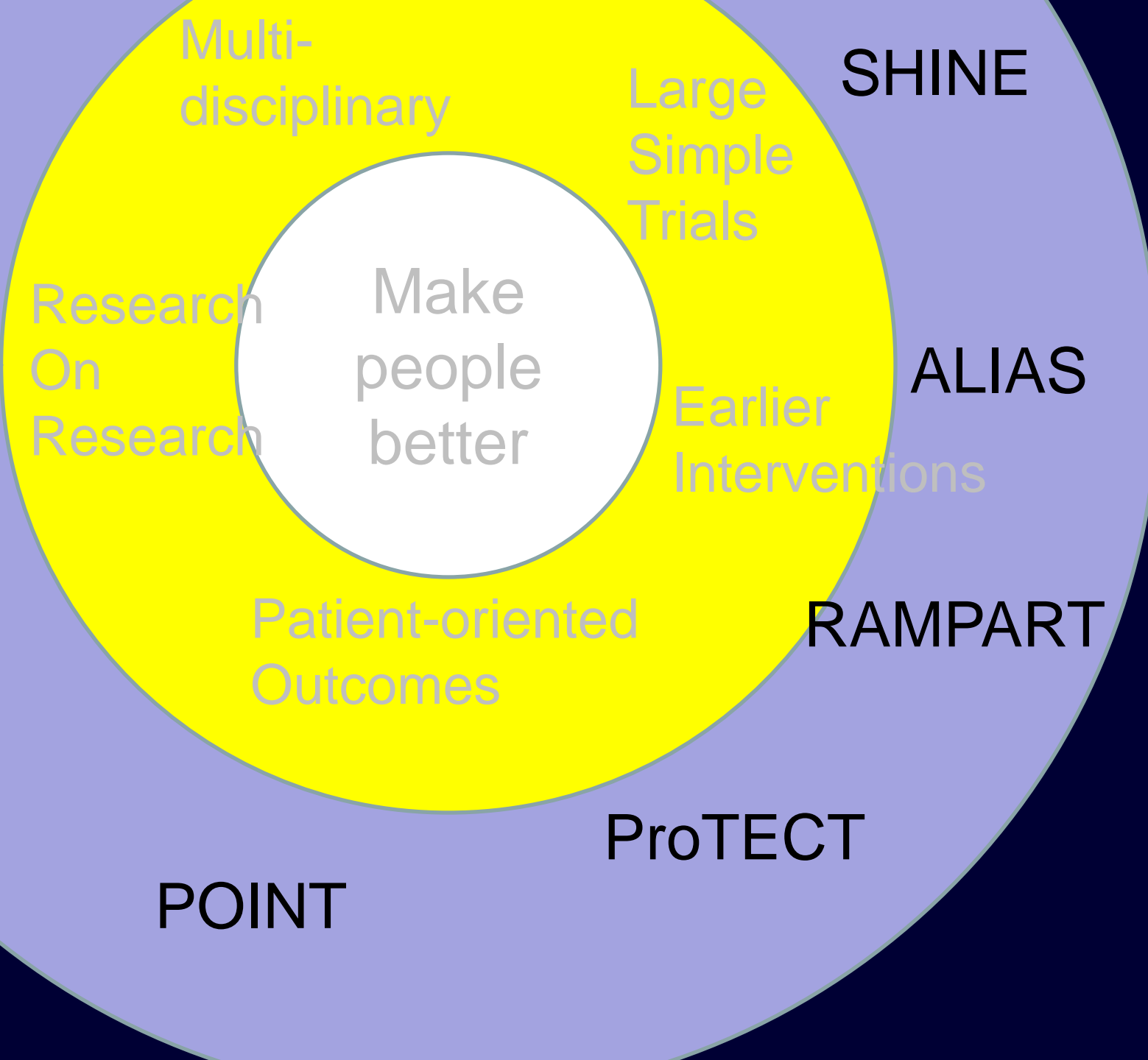
Research  
On  
Research

Make  
people  
better

Earlier  
Interventions

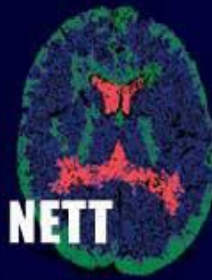
Patient-oriented  
Outcomes







A large simple trial....



*“What is written without effort is in general read without pleasure.”*

Samuel Johnson

Or.....

Simple  $\neq$  Easy





# Baseline Characteristics

**Table 1.** Characteristics of the Subjects at Baseline.\*

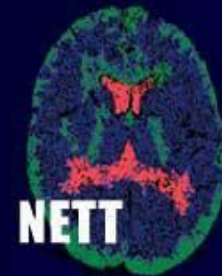
Characteristic	IM Midazolam (N = 448)	IV Lorazepam (N = 445)
Age		
Mean (range) — yr	43±22 (0–102)	44±22 (1–94)
Age group — no. (%)		
0–5 yr	32 (7)	29 (7)
6–10 yr	15 (3)	20 (4)
11–20 yr	28 (6)	21 (5)
21–40 yr	114 (25)	112 (25)
41–60 yr	169 (38)	169 (38)
≥61 yr	90 (20)	94 (21)
Male sex — no. (%)	250 (56)	238 (53)
Race — no. (%)†		
Black	229 (51)	224 (50)
White	165 (37)	183 (41)
Other, mixed, or unknown	54 (12)	38 (9)
Ethnic group — no. (%)‡		
Non-Hispanic	310 (69)	290 (65)
Hispanic	49 (11)	57 (13)
Unknown	89 (20)	98 (22)

**Table 1.** Characteristics of the Subjects at Baseline.\*

Characteristic	IM Midazolam (N = 448)	IV Lorazepam (N = 445)
Dose tier — no. (%)‡		
Low	62 (14)	59 (13)
High	386 (86)	386 (87)
History of epilepsy — no. (%)		
Yes	293 (65)	295 (66)
No	111 (25)	103 (23)
Not documented	44 (10)	47 (11)
Final diagnosis — no. (%)		
Status epilepticus	404 (90)	399 (90)
Nonepileptic spell	31 (7)	32 (7)
Undetermined	13 (3)	14 (3)
Precipitating cause of status epilepticus — no. (%)		
Noncompliance with or discontinuation of anticonvulsant therapy	137 (31)	141 (32)
Idiopathic or breakthrough status epilepticus	121 (27)	121 (27)
Coexisting condition that lowered seizure threshold	33 (7)	29 (7)



# Primary Outcome

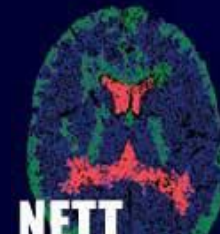


**Table 2.** Primary and Secondary Outcomes.\*

Outcome	Intention-to-Treat Analysis† (N = 893)		Per-Protocol Analysis‡ (N = 732)	
	IM Midazolam (N = 448)	IV Lorazepam (N = 445)	IM Midazolam (N = 362)	IV Lorazepam (N = 370)
<b>Primary outcome</b>				
Seizures terminated, no rescue therapy given				
No. of subjects	329	282	271	238
% of subjects (95% CI)§	73.4 (69.3–77.5)	63.4 (58.9–67.9)	74.9 (70.4–79.3)	64.3 (59.4–69.2)
Treatment failed — no. of subjects (%)	119 (26.6)	163 (36.6)	91 (25.1)	132 (35.7)
Seizures not terminated, no rescue therapy given	50 (11.2)	64 (14.4)	42 (11.6)	51 (13.8)
Seizures not terminated, rescue therapy given	22 (4.9)	42 (9.4)	14 (3.9)	38 (10.3)
Seizures terminated, rescue therapy given	47 (10.5)	57 (12.8)	35 (9.7)	43 (11.6)



# Secondary Outcomes

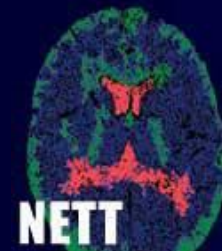


**Table 2. Primary and Secondary Outcomes.\***

Outcome	Intention-to-Treat Analysis† (N = 893)		Per-Protocol Analysis‡ (N = 732)	
	IM Midazolam (N = 448)	IV Lorazepam (N = 445)	IM Midazolam (N = 362)	IV Lorazepam (N = 370)
Secondary outcomes				
Endotracheal intubation within 30 min after ED arrival				
No. of subjects — %	63 (14.1)	64 (14.4)	53 (14.6)	53 (14.3)
Relative risk (95% CI)	0.98 (0.70–1.34)		1.02 (0.71–1.45)	
Hospitalization				
No. of subjects — %	258 (57.6)	292 (65.6)	210 (58.0)	250 (67.6)
Relative risk (95% CI)	0.88 (0.79–0.98)		0.86 (0.77–0.96)	
ICU admission				
No. of subjects — %	128 (28.6)	161 (36.2)	102 (28.2)	138 (37.3)
Relative risk (95% CI)	0.79 (0.65–0.95)		0.76 (0.61–0.93)	
Recurrent seizure within 12 hr after ED arrival				
No. of subjects — %	51 (11.4)	47 (10.6)	37 (10.2)	39 (10.5)
Relative risk (95% CI)	1.08 (0.74–1.56)		0.97 (0.63–1.48)	
Hypotension				
No. of subjects — %	12 (2.7)	13 (2.9)	5 (1.4)	9 (2.4)
Relative risk (95% CI)	0.92 (0.42–1.98)		0.57 (0.19–1.67)	



# Secondary Outcomes (continued)

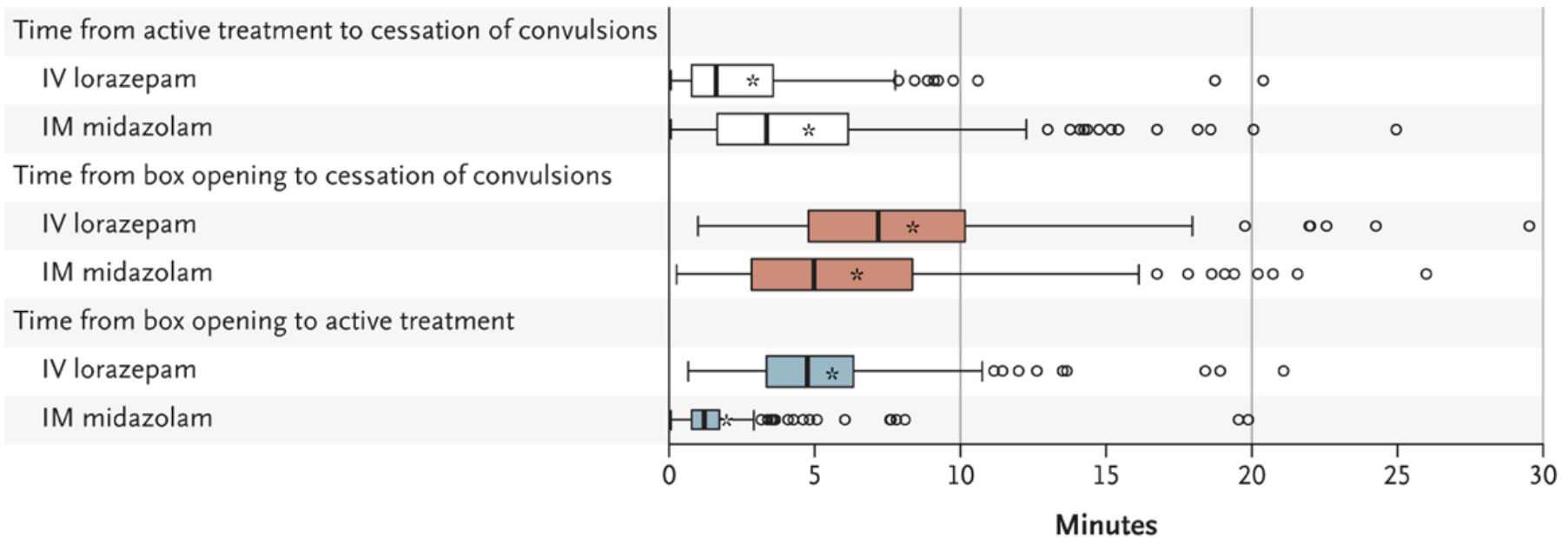
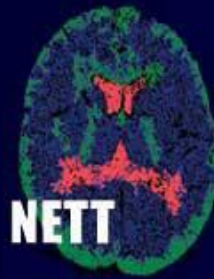


**Table 2. Primary and Secondary Outcomes.\***

Outcome	Intention-to-Treat Analysis† (N = 893)		Per-Protocol Analysis‡ (N = 732)	
	IM Midazolam (N = 448)	IV Lorazepam (N = 445)	IM Midazolam (N = 362)	IV Lorazepam (N = 370)
Secondary outcomes				
IM injection-site complications				
No. of subjects (%)	4 (0.9)	2 (0.5)	4 (1.1)	1 (0.3)
Relative risk (95% CI)	1.99 (0.30–10.70)		4.09 (0.45–36.40)	
IV injection-site complications — no. of subjects (%)				
	0	3 (0.7)	0	3 (0.8)
Length of ICU stay — days				
No. of subjects with length-of-stay data	123	155	98	132
Mean	5.7±9.5	4.1±4.7	4.8±7.2	4.0±4.7
Median (minimum, maximum)	3 (1, 75)	3 (1, 31)	3 (1, 65)	2 (1, 31)
P value¶	0.09		0.33	
Length of hospital stay — days				
No. of subjects with length-of-stay data	251	285	204	243
Mean	6.7±10.0	5.5±6.4	5.8±7.0	5.5±6.4
Median (minimum, maximum)	4 (1, 90)	3 (1, 58)	3 (1, 65)	4 (1, 58)
P value¶	0.11		0.71	



# Time Outcomes





# Time Outcomes

