

Paramedic NREMT (Louisiana) Recertification Requirements

Louisiana Paramedics must meet the following requirements in order to renew their NREMT certification.

National Content Required: 30 Hours		
Topics	Hours	
Airway, Respiration, Ventilations 4 Hours	Ventilations	2
	Capnography	1
	Advanced Airway Management in the perfusing patient	1
Cardiovascular 10 Hours	Stroke: Assessment (Stroke Scale); Oxygen administration; Time of onset (duration); Transport destination	1.5
	Post Resuscitation Care: Recognition of ROSC; Induced hypothermia; Oxygenation	2
	Ventricular Assist Device (VAD)	0.5
	Cardiac Arrest: Chain of Survival, Optimal chest compressions, airway issues (halting CPR to intubate, hyperventilation, supraglottic vs ETT vs BVM), termination decision criteria, ETOC2 changes during arrest and ROSC	2
	Congestive Heart Failure: recognition, treatments	0.5
	Pedi Cardiac Arrest: Optimal CPR techniques, ALS mgmt., Ventilation/compression ratio, 1 & 2 rescuer CPR, unique causes of Pedi-Cardiac Arrest (HOCM, Commotio cordis, Long QT, AHA Channelopathy)	2.5
ACS: 12-Lead review, STEMI impostures	1	
Trauma 4 Hours	CNS Injury: Concussions, ETOC2 monitoring	2
	Tourniquets	0.5
	Field Triage: Model uniform core criteria (MUCC), Sort, Assess, Lifesaving interventions, Treatment /Transport (SALT) CDC Trauma Triage Decision Scheme	1
	Fluid Resuscitation: physiology, effects of over-loading	0.5
Medical 7 Hours	Special Healthcare needs: Tracheostomy care, Dialysis shunts, Feeding tubes, VP shunts, Cognitive issues, CSF shunts	2
	OB Emergency: Abnormal presentations, Nuchal cord, Neonatal resuscitation, Routine suctioning of the neonate	1
	Communicable Diseases: Hygiene (hand washing), Vaccines, Influenza, Antibiotic resistant infections, Public health—epidemics, pandemics, reporting, etc.	1
	Systematic inflammatory response syndrome (SIRS) vs. Sepsis vs. septic shock, Fluid resuscitation (Oral)	
	Medication Delivery: IM vs SC (e.g., epi), atomized/nasal	1
	Pain Management: NAEMSP recommendations, AAP pediatric pain management	1
	Psychiatric Emergencies: Mental Health, Patient Restraints, Agitated Delirium, Depression/Suicide	1
Operations 5 Hours	At-Risk Populations: Pediatric, Geriatric, Economically disadvantaged, Domestic violence, Human trafficking	1
	Pediatric Transport	0.5
	Culture of Safety: adverse event reporting, medication safety	0.5
	Affective Characteristics: Professionalism, Cultural competency, Changing demographics	1
	Crew Resource Management	1
Role of Research in EMS	1	
Total National Core Content Hours		30

Local Content Required: 15 Hours		
Topics		
Patient Advocacy	Reporting Obligations	A total of 10 Hours of state specific topics is required, in any combination of hours and topics from this list.
	Professional Accountability	
End of Life Decisions		
Safe Havens		
Laws & Regulations	Scopes of Practice	
	Regulatory Requirements	
	Louisiana EMS related law	
	Penalties	
Protocols	Stroke	
	STEMI	
	Trauma	
	MCI	
Disaster Preparedness	ICS, Disaster Operations	
	Patient Tracking	
	Local/Entity Disaster Plans	
	Regional/Parish Disaster Plans	
	State Disaster Plans	
Local / Agency	Topics designated by primary EMS affiliated EMS agency.	5 Hours
	If not affiliated/or a local agency does not specify topics, 5 individual topic hours are required.	
Total Local Core Content Hours		15

Individual Content Required: 15 Hours		
Topics		
Individuals must obtain 15 hours of individual continuing education on EMS topics of personal interest. Education must be related to patient safety or patient care: rescue, extrication, and HAZMAT trainings are approved as long as there is a simulated patient being cared for during the training.	15	
**Louisiana requires all Paramedics to maintain healthcare provider CPR certification and ACLS. (4 hours can be applied for CPR, and 8 hours for an ACLS refresher as individual content hours).		
**Agency medical directors/training officers may require specific individual training courses by agency policy.		
**If your EMS training agency did not specify 5 hours of department specific training, you must add an additional 5 hours of individual education.		
Total Paramedic Renewal Hours		
	Category	Total Hours
	National (NCCR)	30
	Local (LCCR)	15
	Individual (ICCR)	15
	Total	60
<p>Guidelines on Distributive Education</p> <p>Distributive Education (DE) is defined as education received when a live, "real time" instructor is not available. The number of DE hours allowed is limited based on the category in which they are obtained.</p> <p>National Content: up to 10 hours of DE is allowed Local Content: up to 10 hours of DE is allowed Individual Content: up to 15 hours of DE is allowed</p> <p><i>Using DE is optional, however, please be mindful of the hour limits if you choose to use them.</i></p>		