

Adult Pain Medication Guidelines

Burn Disaster Crisis Standards of Care

*When possible, try to give patient oral pain medications. Please consider renal function before initiating any pain regimen, especially NSAIDs. With IV medications, titrate to effect and patient vital signs. **It is best to give smaller doses more frequently until the provider is comfortable with giving larger doses.** Patients will never be pain free; educate them about the burn injury and ask them what pain level is tolerable for them.

Mild to Moderate Pain:

Oral	IV
Acetaminophen 650-1000 mg	Acetaminophen 1000 mg
Ibuprofen 600-800 mg	Ketorolac 15-60 mg
Naproxen 250-500 mg	Fentanyl 25-50 mcg
Tramadol 50-100 mg	Morphine 0.5-2 mg
Acetaminophen with codeine 30/300 1-2 tablets	
Hydrocodone with acetaminophen 5/500 1-2 tablets	
Oxycodone with acetaminophen 5/325 1-2 tablets	

Moderate to Severe Pain:

Oral	IV
Hydrocodone with acetaminophen 7.5/500 1-2 tablets	Fentanyl 25-100 mcg
Oxycodone with acetaminophen 10/325 1-2 tablets	Morphine 2-4 mg
Oxycodone 5-15 mg	Hydromorphone 0.5-2 mg
Morphine 15-45 mg	Ketamine 0.3mg/kg /dose
Hydromorphone 2-6 mg	Ketamine 0.05-0.1mg/kg/hr (use as an adjunct)

For Moderate to Severe pain with around-the-clock use of oral pain meds, consider adding extended release products:

Methadone 5-10 mg PO twice daily
Oxycontin 10 mg PO twice daily
MsContin 15 mg PO 3 times daily